









OCTOBER 2013



www.FWATAD8.org

THIS ISSUE

District Director's Message

From the District Secretary

District Treasurer's

2014 Annual Meeting

Committees

HATA

CATA

A Message from the District 8 Director

I want to give a huge congratulations and thank you to all those who helped make our national meeting such a tremendous success. It ended up being the best attended NATA Meeting in history. I am so proud of our folks, especially Kyle Wilson and his team from Las Vegas, for making it such a great event. I look forward to the opportunities we will have to host again in the years ahead.



Scott R. Sailor, EdD ATC

I have spoken with many of you recently regarding some of the wonderful things that are taking place within our profession. I can't emphasize enough what an exciting time it is to be an athletic trainer. We are being recognized in many circles as the experts we are, especially in regards to catastrophic conditions such as concussion, heat illness, and sudden cardiovascular death in athletics. Evidence of this is seen as more and more of our membership being asked to testify before legislative entities such as Congress, testifying as expert witnesses in court cases, as well as being asked to serve on community and national boards representing our voice in these matters. I want to thank all of you who have been working so hard to make this happen. It is because you are speaking up, as well as developing relationships with others, that these opportunities are possible.

A couple of examples where this type of collaboration is evident on a national level involve recent interactions with the NCAA and also another with the American Football Coaches Association. The NCAA appointed its first ever chief medical officer last year - Dr. Brian Hainline. Since that time, NATA President Jim Thornton has been developing a relationship with Dr. Hainline. Just this week the two met in Indianapolis to announce the recommendations of the inter-association task force, led by NATA, on student-athlete mental health. Dr. Hainline mentioned in a national press conference held in conjunction with this release that "These recommendations are a leap forward in providing a safe and sound environment for student-athletes who may be suffering from a mental health disorder," Hainline said. "As athletic trainers so often serve as the primary health care provider for student-athletes, this consensus paper provides the foundation for a management plan that is evidence-based, confidential, free of conflict-of-interest and is valuable to everyone who works with the student-athlete."

Another group who has started to work hand-in-hand with NATA is the American Football Coaches Association under the direction of Grant Teaff. We have recently partnered with AFCA to begin work on many exciting projects with the hope of better educating players, coaches, and continued













FWATA Leadership

District Director

Scott Sailor, EdD, ATC Fresno, CA 559.278.2543 scott_sailor@csufresno.edu

District Secretary

Carolyn Peters, MA, ATC, CSCS San Diego, CA 619.201.8734 cpeters@sdcc.edu

Treasurer

Fran Babich, MS, ATC Chico, CA 530.895.2499 babichfr@butte.edu

Representatives California

Mike West, MS, ATC Riverside, CA 951.360.2603 michael_west@jusd.k12.ca.us

Hawaii

Sam Lee, ATC Kailua, HI 808.554.1310 slee@hba.net

Nevada

Todd Hamburg, MS, LAT, ATC Henderson, NV 89015 775.217.5503 hamburgatc@gmail.com

Athletic Training Student Member Kevinz Carpio kzcarpio@gmail.com parents regarding ways to mitigate injuries. It is apparent how strong this relationship has become as both parties are keeping an eye out for opportunities to get the other involved in projects. This is exciting.

I encourage you to continue to fuel this momentum. You can certainly help through efforts in your local community. Help get the word out about what NATA is doing and what we care about. Volunteer to be on local Safe Kids boards or be an advisor to your local youth sports leagues. You can provide valuable information that can help make a difference in your community. Don't discount what you know. Knowledge that is not shared is wasted. Perhaps you could speak to your local coaches associations or officials associations. Tell them the importance of having an emergency action plan and perhaps you could help them develop one. None of these steps are minor. They all have potential to pay big dividends for athletic training while helping to make sports safer in our communities. Thank you.



Mission & Goal

The purpose of the Far West Athletic Trainers Association (FWATA) website is to provide any person with information and resources regarding the latest state, regional and national news regarding health care and the Athletic Trainer. It is our goal to provide up to date information for those living in California, Nevada and Hawaii concerning athletic training clinical practice, links to state and national legislative requirements and educational opportunities for Athletic Trainers living and working in California, Nevada and Hawaii.











From the District Secretary

Carolyn Peters, MA, ATC, CSCS

The NATA is looking for District members to provide testimonies of use, efficacy, value, or anything else on the following topics: convention, membership w/ NATA, career center, CEU's/quiz center/professional development, publications, governmental affairs/advocacy, and preferred providers (capital one credit card, Doyle Rowe accident/dental/medical insurance, Hackney Publications, ImPACT's ITAT, Liberty Mutual auto/home/renters insurance, Marsh disability/health/life/professional liability insurance, sports health magazine and vacation rewards). Please submit to dylano@nata.org.

Fall is renewal time for your NATA Membership. Please visit the member's renewal section of the NATA website before time slips away.

NATA Honors and Awards are open, so please nominate a deserving District 8 colleague!

And lastly, I want to thank Scott Sailor during his final year as District 8 Director. Sitting in on the numerous conference calls (mostly 5am), meetings and sifting through countless emails and documents I have an elevated appreciation for Scott and his position. He has and continues to represent the profession and District 8 on the Board of Directors with dedication and passion. My hope is that more members with a desire to assist the evolution of our profession and membership will step up when opportunities arise.

District Treasurer's

Fran Babich, MS, ATC

According to our Wells Fargo Investment Advisors the markets first quarter for sales and earnings was stabilizing. They still think that is the case. They want us as investors to look through the volatility of the past quarter and see that actions taken in the second quarter in a number of regions actually represent the beginning of a period in which markets should be less sensitive to policy action. According to our advisors, these potentially constructive changes are happening now with a growth outlook that is positive but slow. The Far West Athletic Trainers Association portfolio has maintained an approximate ratio of 25% equities and 75% fixed income securities. As of July 31, 2013 it has a value of \$185,615.00. In addition, we currently have \$6565.86 in the savings account. The Research and Grants account, which FWATA will be funding on an annual basis as deemed by the Managing Board and the budget, currently has \$1,035.00. The R&G account was funded another \$7,500.00 for this fiscal year. Lastly, our FWATA General Fund has a balance of \$17,285.70. This amount will increase over the next few months as we receive our state dues disbursement from the NATA.

www.FWATAD8.org

The Far West Athletic Trainers' Association is pleased to announce the release of our new website, www.FWATAD8.org, designed with a fresh new look and user-friendly navigation. Please come check it out. If you have any news submissions or District 8 updates please contact us through the website.















FWATA Committee Chairs

Public Relations

Sarah Lyons, MS, ATC, PEC 619-206-0926 Sarahlyons115@gmail.com

Scholarships

Ned Bergert MS PTA ATC 714-501-3858 nhbergert@gmail.com

Governmental Affairs Chair

Lauren Forsyth, ATC 707-349-5199 lforsyth@berkeley.edu

Annual Meeting and Clinical Symposium

Andy Paulin, ATC 909-214-8281 WK 909-594-5611 ext. 4878 apaulin@mtsac.edu paulinfamily4@verizon.net

Clinical & Emerging Practices Athletic Trainers' Committee Wendy Levanway, MS, ATC, PES 949-278-9684 breezzybay@hotmail.com

Athletic Training Student Committee

Lead Advisor
Chris Schmidt PhD, ATC
626-815-6000 x 5194
cschmidt@apu.edu

Chair Kenviz Carpio kzcarpio@gmail.com

NATA Representative Laura Garcia garci235@mail.chapman.edu

continued....

FWATA'S Annual Meeting & Clinical Symposium Committee

View from the Chair:

I would like to share my excitement with the opportunity to serve you as the Chair of the Annual Meeting and Clinical Symposium. As a committee, we are working with the Managing Board to make significant changes in a number of areas of our Annual Meeting. Our primary focus right now is to significantly improve the educational programming that we are offering to you as our members. Although several improvements are already underway, it will take some time to properly and effectively implement all of these changes. We have already integrated several of your suggestions from our most recent survey and appreciate your trust and patience and we continue to make positive changes based on the needs of our District 8 membership. I look forward to seeing you all in Las Vegas! Please visit www.fwatad8.org for up to date information for the Annual Meeting and Clinical Symposium.

Ruem Malasarn, ATC



Education Program Proposals due November 1, 2013

Interested in presenting or recommend a presenter? Email Paul Alvarez, PhD, ATC or call at (909) 593-3511, x4259

Exhibitor Information

Interested Exhibitors email Bill Chambers or call at 760-360-5301 before March 22, 2014.

Registration

Pre-Registration Rates available till March 22, 2014:

- NATA Certified Members \$175.00
- NATA Certified Student Members \$75.00 (must pay certified member rate if requiring CEU's)

continued













Research and Grants

Kavin Tsang, Ph.D., ATC 657-278-7970 ktsang@fullerton.edu

Secondary Schools

Stacey Ritter, MS, ATC 805-788-0805 x235 stacey.ritter@slsportstherapy.com

Webmaster

Todd Babcock, MS, ATC 951-222-8135 todd.babcock@rcc.edu Tb9000@att.com

College / University Athletic Trainers

April Reed MS, ATC, CSCS 626-712-7282 areed@apu.edu

Honors and Awards

Chris Mumaw, MA, ATC 657-278-2561 cmumaw@fullerton.edu

History and Archives

Belinda Sanchez Belinda.sanchez@cui.edu

Ethnic Diversity Advisory Committee

Mikiko "Mimi" Nakajima, Ed.D, ATC 562-985-8011 Mimi.nakajima@csulb.edu

Young Professionals

Heather Harvey, MA, ATC 909-357-5950 ext.3043 HarvHM@fusd.net

- NATA Student Members \$75.00
- Student Non-Members \$100.00
- Non-Members \$370.00 | Join NATA

Hotel Information

LVH – Las Vegas Hotel & Casino (formerly Las Vegas Hilton) is our host hotel for 2014!

"Early Bird" rate of \$79.00 per night room rate from December 1, 2013 to February 10, 2014. After February 10, 2014 the rate will increase to \$119.00 per night. There are many changes in the property since our last meeting in 2011! Two new restaurants, new show "Raiding the Rock Vault" featuring 70s & 80s Rock Groups, State of the Art Cardio Center, Renovated sleeping rooms north and east towers.

Check out the hotel's website <u>www.TheLVH.com</u>. Use this link to make a reservation starting December 1, 2013:



Scholarship Golf Tournament Thursday, April 10, 2014

Las Vegas National Golf Club 1911 East Desert Inn Road Las Vegas, NV 89169 Cost: \$100.00 per person

Includes: green fees, shared golf carts, range balls, box lunch and dinner.

The golf tournament will include contests and prizes for:

- Men's and Women's Longest off the Tee
- Men's and Women's Closest to the Pin
- Hole in One opportunity to win a set of golf clubs sponsored by Titleist/Roger Dunn
- Please visit FWATAD8.org for more information!











Keynote Speaker - Jim Fassel

FWATA is very excited to announce that Jim Fassel, a longtime advocate and supporter of athletic trainers and the 1997 NFL Coach of the Year, will deliver the Keynote Address on the afternoon of Friday, April 11, 2014. Coach Fassel, who led the New York Giants to Super Bowl XXXV during the 2000 NFL season, will share his words of inspiration based on his experiences as a player and coach.

More Information

- Updated information will be available on the FWATA website @ FWATAD8.org and via e-Blasts.
- Attention FWATA Facebookers: Check the District 8 Young Professionals Committee Facebook page for <u>FWATA Annual Meeting and Clinical</u> <u>Symposium</u> updates at.
- For specific questions feel free to email <u>Ruem</u> <u>Malasarn</u>, 909-869-2834, or <u>Hazel Ando</u>, Publicity, 805-893-8320

2013 FWATA Annual Meeting & Clinical Symposium

Thank you to the following volunteers that helped with registration, stuffing packets, golf tournament, and silent auction booth while in Sacramento. Volunteers: Michelle Avedissian, Leslie Cardoza, Shabby Dezfouli, Esther Ferguson, Doris Flores, Michael Fulks, Max Haglund, Aaron Hansen, Juan Hernandez, Kayla Linane, Kelly Luse, Erin O'Keefe, Julius Passion, Natalie Perry, Tiffany Rhea, Alissa Rhodes, Dana Rivera, Oscar Rinon, John Rowell, Courtney Sanchez, Hisano Tasedan, Tina Tubbs, Gilbert Weatherbee, Davion White and to many others that I have missed! It is due to the volunteers that the annual meeting runs smoothly!

The top procured items for the 2013 Scholarship Silent Auction included autographed San Jose Sharks Jersey, autographed 2013 49ers Super Bowl Football, 4 Tickets to Oakland A's Game,

autographed Stephan Curry Jersey, and 2 night stay at the Hilton San Francisco Union Square. Other items were Waiahole Organic Coffee, restaurant certificates, Michael Jordan autographed USA Olympic Photo, autographed sports memorabilia, jewelry, wine, Mary Kay products, Tupperware products, Hawaiian Island items, and many more. During the final minutes bidders were hovering over their favorite items to submit the highest bid. Thank you to all the bidders we were able to raise \$2,525.00. A special thank you to the following that procured the 36 items: Hazel Ando, Glenn Beachy, Bill Chambers, Leroy Heu, Sam Lee - Hawaii Athletic Trainers Association, Andy Paulin, Manny Rivera, Ginger Lei Salera, Scott Sailor, Michelle Samuel, Brian Shulman, Tina Tubbs, Ray Tufts, JoHan Wang, Amelia Ligot-Hilton San Francisco Union Square, Las Vegas Hotel, Life Chiropractic College, and Sacramento Convention Bureau.



Lew Crowl,

Hall of

Famer!



Hawaii Folks













Bill and Elise Chambers



Bill Chambers, Don Chu, & NATA President Jim Thornton

The FWATA Scholarship Golf Tournament turned out to be a successful event despite the morning showers. Over 40 golfers participated in the tournament and braved the wet weather through the first few holes at the wonderful Haggin Oaks Golf Club. Lew Crowl (HOF member) served as the honorary tournament marshal and spent the afternoon enjoying the company of President Jim Thornton and Paul Schechter (HOF member and founder of the tournament) who were both out supporting the event. The sun broke through the clouds by the early afternoon and great times were had by all. The day concluded with a delicious buffet dinner and awards ceremony.



Bob Kersey, FWATA Hall of Fame recipient and Julie Max presenter



Bill Chambers, Hazel Ando, Tricia Kasanatsu Recipient of the Mine & Gonsaku Ito Scholarship

Hazel Ando's family scholarship in memory of their grandparents.



Paul Starks and Jeff Nelson











Research and Grants

Kavin Tsang, Ph.D., ATC

The FWATA R&G Committee would like to remind everyone of the annual **February 5**th deadline.

Research Grants

\$\$\$ Funding is available to support
 your research project \$\$\$
Information and application materials are
 available, click HERE.

Free Communications Program

CALL FOR ABSTRACTS for the 2014 FWATA

Annual Meeting & Clinical Symposium will be issued January 2014

Information and application materials are available, click HERE.

We would like to take this opportunity to encourage everyone to participate with the Free Communications Program!! ... keep up the great work and let's add some competition and fun to it!!

Feel free to contact any member of the FWATA Research & Grants Committee if you have any questions about the programs or process.

Save the Date!

FWATA 2015 Meeting

April 16-19, 2015 Town & Country San Diego, CA

Clinical & Emerging Practices Athletic Trainers

Wendy Levanway, MS, ATC, PES

Keep an eye out for CEPAT's exciting new program that will be unveiled at the 2014 FWATA meeting in Las Vegas! This great session will provide you with current information on continuing education practices for clinicians, educators, and students! Check the <u>FWATA CEPAT</u> page for more info soon.

We are also excited to have grown our committee this year. Please welcome our newest CEPAT committee members: Megan B. Oxenford, MS, ATC & Krystle Celis, MS, ATC. We now have representatives from Hawaii and California.

If you would like more information on emerging settings please visit the National Athletic Trainers' Association Emerging Practices page or contact:

Wendy Levanway, MS, ATC, PES 949.278.9684 or breezzybay@hotmail.com



This electronic newsletter is published twice a year by the Far West Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary:

Carolyn Peters, MA, ATC, CSCS 619.201.8734 cpeters@sdcc.edu











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Public Relations

Sarah Lyons MS, ATC, PES

Meet Scott Anderson, Director of Athletic Training at Stanford University. As if he doesn't spend enough time around football when he helps with Stanford Cardinal Football every Saturday, Anderson spends many of Sundays working every NFL game at Candlestick Park, home of the San Francisco 49ers. Anderson does not work for the 49ers though he is independently employed by the NFL as an injury consultant, sitting in the press box with multiple video replay technicians, watching each play carefully to determine if players could have sustained an injury like a concussion based on what occurred during each play. If he suspects a player may have an injury and is not already being evaluated by a member of the team medical staffs, he will contact them directly on the sideline and inform them of the situation. This helps to ensure that any player that may have an injury, especially when head injury related, will be evaluated properly before returning to play - promoting player safety and longterm well-being. Anderson is also involved in multidiscipinary concussion research at Stanford University with Dr.'s Dan Garza and David Camarillo.



Scholarships

Ned Bergert MS, PTA, ATC

The <u>application</u> deadline for the 2014 scholarship award will be **January 20, 2014**. Please note that an applicant that applies for a national scholarship through the NATA Research & Education Foundation will be automatically be included in the application pool for FWATA scholarships. There is no need for a student to submit two different applications. We encourage students to apply for the NATA scholarship since the qualities of our scholarship winners in District 8 are certainly equal to those in other districts. In addition, the NATA scholarship is worth \$2300.00.

Students enrolled in a community college in California are eligible for the CATA Scholarship. Eligibility requirements and application forms can be found on the FWATA website.

Young Professionals

Heather Harvey, MA, ATC

District 8's Young Professionals Committee is looking for a new enthusiastic and driven young professional from Nevada to join the committee! If you are interested in being involved on the district level and are under the age of 32, please submit a letter of intent as well as a resume to the D8 Young Professionals Chair, Heather Harvey, at heatheratc@me.com. The deadline for submission is October 25th.

California athletic trainers in the high school setting continue to work tirelessly in the efforts to keep our young athletes safe. In conjunction with NATA's official statement on Crown of Helmet Violations, the NATA, Secondary Schools Committee, and Young Professionals Committee have teamed up to ensure that secondary school officials are aware of the immense need to call these dangerous maneuvers during high school football games. Stacey Ritter along with other athletic trainers spoke with officials during local meetings to bring this issue to light in order to guarantee our common commitment of keeping our athletes safe.











Honors and Awards

Chris Mumaw, ATC, MA

Below is a list of the 2013 FWATA Award recipients.

Student Scholarships

Gail Weldon Memorial Danielle Wilke - University of La Verne

Gary Millay Memorial Laura Garcia - Chapman University

Jerry Lloyd Memorial Jack Sessions - Cal State Fullerton

Nevada/Alert Services Courtney Davis - University of Las Vegas

F.W.A.T.A. Hall of Fame Isabel Archuleta - Cal Baptist

Daniel D. Arnheim Leiah Zavrid - San Diego State

Mine and Gonsakulto Tricia Kasamatsu - Chapman University

Life Saver Award - California Amanda Seibert

Special Service Award - California

Monica Ohkubo Stacey Ritter Steven Winter

Special Service Award, Nevada Ginger Lei Salera

Special Service Award, Hawaii

Cindy Clivo Department of Ed. Athletic Health Care Program

FWATA Special Recognition Award Amanda Rice

FWATA Most Distinguished Athletic Trainer Award Michael Chisar

FWATA Hall Of Fame Award Robert Kersey

Congratulations!

Secondary Schools Stacey Ritter, MS, ATC

- The NATA Axial Loading & Helmet-to-Helmet Contact presentation that was given to high school football referees across the nation continues to have very positive influence. As a result of providing officials with the medical implications of these dangerous hits, they are watching for, and enforcing the penalties more consistently. This valuable partnership between athletic trainers and game officials is making a significant difference in preventing serious injury.
- In an effort to increase recognition of contributions made by high school athletic trainers, please consider nominating a colleague from this setting for District & National Awards. For more information, or to submit a nomination, please click **HERE**.
- Be sure to download the most recent NATA statement: Sports Medicine Management for Secondary Schools and Colleges
- Congratulations to St. Francis HS in La Canada, CA for receiving the Safe Sports School Award from the NATA. For information on the award, and how to apply, visit www.athletictrainers.org.











California Athletic Trainer's Association

Mike West, MS, ATC, CA D8 Representative



CATA Legislative Educational Event

The CATA hosted a legislative educational event at Dodger Stadium on Saturday, September 14th. Legislators in attendance were Assembly Members Jimmy Gomez and Steven Bradford and Senators Ed Hernandez and Ricardo Lara. They had a chance to watch batting practice and speak with the Assistant Athletic Trainer for the Dodgers Nancy Patterson. During the game, the legislators were able to visit with members of the CATA Managing Board, the Governmental Affairs Committee and the Legislative Action Team in the relaxed atmosphere of a luxury suite. The CATA would like to thank Stan Conte of the LA Dodgers for helping coordinate this successful educational event.



CATA Clinical Symposium and Hit the Hill Day
On February 22nd through February 24th, 2014, the
CATA will be hosting its annual Clinical Symposium
and Hit the Hill Day at the Sacramento Doubletree
Hotel. This year the program will include a student
leadership component along with the traditional
certified member educational opportunities.
Michelle Cleary from Chapman University along with

her committee are spearheading the educational content for this symposium and are doing a fantastic job. Look for future eblasts with information on room rates and sign up options.



Hawaii Athletic Trainer's Association

Sam Lee, ATC, Hawaii D8 Representative



On September 13, 2013 Cris Stickley (Program Director at University of Hawaii at Manoa), Cindy Clivio (GAC Committee member) and Louise Inafuku (HATA President) met with the Regulated Industries Complaints Office (RICO) to educate them on the profession of athletic training. RICO handles the investigation and enforcement for the Athletic Trainer Program which was created when the Registration Bill passed in July 2012. The information was well received and a lively discussion ensued during the questions and answers portion. The RICO personnel seemed very interested in what athletic trainers do and are eager to work alongside HATA.

HATA elections for the state treasurer position are currently under way and will close at the end of September. It is a tight race between three candidates as they replace current Treasurer Lyn Nakagawa - who will be moving into her new position as FWATA Secretary.