



**MARCH 2015**



### **FWATA Leadership**

#### **District Director**

Carolyn Peters, MA, ATC, CSCS  
San Diego, CA  
619.201.8734  
[cpeters@sdcc.edu](mailto:cpeters@sdcc.edu)

#### **District Secretary**

Lyn Nakagawa, MS, ATC, CSCS  
Honolulu, HI 96822  
808-956-7144  
[lynhn@hawaii.edu](mailto:lynhn@hawaii.edu)

#### **District Treasurer**

Fran Babich, MS, ATC  
Chico, CA  
530.895.2499  
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#### **Treasurer Elect**

Mike West, MS, ATC  
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#### **Representatives California**

Jason Bennett, DA, ATC  
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#### **Hawaii**

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#### **Nevada**

Todd Hamburg, MS, LAT, ATC  
Henderson, NV 89015  
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#### **Athletic Training Student Member**

Marissa Sumida  
[sumid102@mail.chapman.edu](mailto:sumid102@mail.chapman.edu)

## **District 8 Director's Message**

**Happy National Athletic Training Month!** I am excited to report that your board and committees have been working diligently for you this winter and encourage you to read their reports and visit the FWATA web site for more details.

I would like to congratulate our FWATA members who have been awarded NATA awards: Most Distinguished – Ky Kugler and new member to District 8 Paul Ullucci. Service Awards – Paul Alvarez, Fran Babich, Sam Lee, Ross Oshiro, and Stacey Ritter. Gail Weldon Award of Excellence – Fran Babich.

Congratulations to the recent awardees of the Safe Sports School Award – Godinez Fundamental High School (CA), Northwood High School (CA), AB Miller High School (CA) and De La Salle High School (CA). Visit the [NATA website](#) on how your school can become a Safe Sports School.

We as a board recently voted to name a FWATA scholarship after Lewis Crowl who along with his many contributions to the profession has been a NATA member for 59 years! Thank you Lew for your continued dedication to District 8 and the NATA.

District 8 needs a member to join the **NATAPAC Board of Directors**. If you have donated in the past and are passionate about being involved with the Political Action Committee, please send me your letter of interest by April 10th.

I was able to visit members of Congress during the Washington DC **Hit the Hill** to discuss the following bills:

- H.R. 829 / S. 436: SAFE PLAY (Supporting Athletes, Families and Educators to Protect the Lives of Athletic Youth) Act
- H.R. 921: Sports Medicine Licensure Clarity Act (Protecting health care providers as they travel with groups across state line)
- H.Res. 112 / S. Res. 83: Secondary School Student Athletes' Bill of Rights (10 recommended steps to make kids safer)



It was freezing but felt fortunate to represent California, District 8 and the NATA.

I look forward to seeing many of you at our Annual Symposium next month as the Meeting Committee has done a fantastic job by offering new

*continued...*



*Carolyn Peters*



## FWATA P2



### Public Relations

Sarah Lyons, MS, ATC, PEC  
[Sarahlyons115@gmail.com](mailto:Sarahlyons115@gmail.com)

### Scholarships

Ned Bergert, MS, PTA, ATC  
[nhbergert@gmail.com](mailto:nhbergert@gmail.com)

### Governmental Affairs Chair

Lauren Forsyth, MS, ATC, CES  
[lforsyth@berkeley.edu](mailto:lforsyth@berkeley.edu)

### Annual Meeting and Clinical Symposium

Reum Malasarn, MS, ATC  
[rmalasarn@csupomona.edu](mailto:rmalasarn@csupomona.edu)

### Committee on Practice Advancement

Robyn Taba, ATC  
[robynltaba@gmail.com](mailto:robynltaba@gmail.com)

### Athletic Training Student Committee

#### Lead Advisor

Tricia Kasamatsu, MA, ATC  
[Tricia.kasamatsu@gmail.com](mailto:Tricia.kasamatsu@gmail.com)

#### Chair

Marissa Sumida  
[sumid102@mail.chapman.edu](mailto:sumid102@mail.chapman.edu)

### NATA Representative

Sara Hart

[sarahart@mail.fresnostate.edu](mailto:sarahart@mail.fresnostate.edu)

sessions including evidence based practice continuing education, a pre-conference learning lab, AHA Rescuer recertification, a keynote speaker and much more. During our District Member Meeting, all Certified Members in attendance will have the opportunity to vote on three proposed NATA Bylaw Changes. Your welcome packet will include more detailed information but the three are as follows: 1) Add American Samoa to District Eight 2) adjust the NATA Presidential Nominating Committee and 3) change the District Director term limits.

Don't miss the FWATA Awards Dinner as we honor our District colleagues and hear from keynote speaker **Sandra Younger** as she presents "From Survival to Significance: How to Transform Your Toughest Challenges into Enduring Strengths."

Speaking of annual meetings, have you ever wondered how the NATA picks their locations? I have and often wondered why certain cities were never used. Lori Marker from NATA does a great job in breaking down the specifics in the **NATA blog**. It should answer all your questions.

Finally, I'd like to bid a "happy trails" to **Laurie Black, MA, ATC** who passed away in November. I WILL see you again and thank you for your passion of life, the great outdoors, and our AT profession.

### Carolyn Peters, MA, ATC, CSCS

District Director

[cpeters@sdcc.edu](mailto:cpeters@sdcc.edu)

## From the District Secretary

Lyn Nakagawa, MS, ATC, CSCS



Hello FWATA Members! Currently, we have 2,603 District 8 members (CA- 2,217; HI-194; NV- 192). These numbers are slightly down from last fall because effective February 15<sup>th</sup>, members who have not fully paid for or renewed their membership were suspended. This means that all member benefits have ceased, including but not limited to reduced NATA and District conference registrations, membership communications, and subscriptions to the Journal of Athletic Training and NATA News. For those that have renewed your membership, thank you for your continued support of the NATA! Don't forget to take advantage of the many benefits of your membership including the 10 free CEU credits that can be used in the online quiz center which includes the EBPs that are now required to maintain your certification.

The positions of FWATA District Director and Secretary are up for reelection, with terms beginning at the NATA Annual meeting in 2016. The District Director must be a Certified Athletic Trainer in good standing and must have previously served as a Managing Board Member or Chair of a state, district, or national committee for a period of not less than two years and have been served within the previous ten years. The District Secretary must be a  
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## FWATA P3



### Research and Grants

Kavin Tsang, PhD, ATC  
[ktsang@fullerton.edu](mailto:ktsang@fullerton.edu)

*Incoming April 2015*  
**Michelle Cleary**

### Secondary Schools

Stacey Ritter, MS, ATC  
[stacey.ritter@movementforlife.com](mailto:stacey.ritter@movementforlife.com)

### College / University Athletic Trainers

Jamie DeRollo, MBA, ATC, EMT  
[jderollo@deltacollege.com](mailto:jderollo@deltacollege.com)

### Honors and Awards

Hazel Ando, MS, ATC  
[hazel.ando@athletics.uscb.edu](mailto:hazel.ando@athletics.uscb.edu)

### History and Archives

Isabel Archuleta, ATC  
[Iatchuleta18@hotmail.com](mailto:Iatchuleta18@hotmail.com)

### Ethnic Diversity Advisory Committee

Mikiko "Mimi" Nakajima, EdD, ATC  
[Mimi.nakajima@csulb.edu](mailto:Mimi.nakajima@csulb.edu)

### Young Professionals

Heather Harvey, MA, ATC  
[HarvHM@fusd.net](mailto:HarvHM@fusd.net)

Certified Athletic Trainer in good standing and must have previously served as State or District officer or a Chairperson of a state, district, or national committee for a period of not less than two years and have been served within the previous ten years. Interested members should email their platforms and resumes to **me** for the District Director position and to **Carolyn Peters** for the District Secretary position. Deadline for submissions is Friday, April 3, 2015. Those who have submitted a platform for District Director will have the opportunity to address the members at the Annual Meeting in San Diego in April. All platforms for both positions will be provided to members electronically.

I hope everyone has had a great start to the 2015 year. I hope to see everyone in either San Diego or St. Louis!

*Lyn Nakagawa, MS, ATC, CSCS*  
District Secretary  
[lynhn@hawaii.edu](mailto:lynhn@hawaii.edu)

## From the District Treasurer

*Fran Babich, MS, ATC*

As you are all aware by now, we had a short four-month budget prior to our new fiscal year, which began August 1, 2014. We are now into our new fiscal year and as of February 28, 2015 our Far West Athletic Trainers Association General Fund has a balance of \$40,237.88. Our Research and Grants account currently has a balance of \$482.00 but this does not include their 2014-2015 budgeted amount. In addition, we as a managing board closed our savings account and merged the remaining amount into the general fund. The savings account was costing us money each month and with the minimal amount that was in the account it made more financial sense to merge it into the general fund. Since last reported, FWATA's Investment Account as of October 1, 2015 had a balance of \$195,654.12. Our account balance as of market close on February 25, 2015 was: \$202,431.35, which means our account, increased in value by \$6,777.23 for this time period. The Managing Board will be meeting with our Wells Fargo Investment manager via teleconference during our board meeting at the Annual Meeting in San Diego to discuss our investment portfolio. Lastly, I am pleased to say that our new treasurer elect, Mike West, and I have been working together to ensure a smooth transition come June 2015.

**Fran Babich, MS, ATC**  
District Treasurer  
[babichfr@butte.edu](mailto:babichfr@butte.edu)

# 2015 FWATA Annual Meeting & Clinical Symposium

April 16-19, 2015 Town & Country Resort San Diego



17 CEUs



For a program with full session abstracts, link [HERE](#)

**Exhibitor Social and Free Comm Poster Presentations** on Friday, April 17<sup>th</sup> from 6:00-7:00pm.

**AHA Professional Rescuer Re-Certification** on Sunday, April 19<sup>th</sup> from 8:00-11:00am. Pre-registration is required. Space is limited to only 30 attendees. Additional fee required. Registration closes on APRIL 1, 2015.

Pre-Registration rates available till 9:00pm PDT March 20, 2015. NATA Certified Members save \$50! NATA Student Members save \$25.00. To register on-line or for details, click [HERE](#).

## Special Events:

- Annual FWATA Student Scholarship Golf Tournament on Thursday, April 16, 2015 at Riverwalk Golf Club. Register by April 6, 2015 by clicking [HERE](#).
- Exhibit Hall will be open Friday, April 17 and the morning of Saturday, April 18. This annual event offers attendees a chance to view the latest supplies and services.
- FWATA Quiz Bowl on Saturday, April 18 from 5:00pm. This "Jeopardy-style" challenge is always a hit with the ATEP students.
- Awards Banquet & Keynote Address on Saturday, April 18, 2015. This year we will feature keynote speaker, Sandra Millers Younger, author and founder and chief strategist at Strategic Story Solutions. *From Survival to Significance: How to Transform your Toughest Challenges into Enduring Strengths*. 5:30pm social with dinner served at 6:30pm. One complimentary ticket with your registration.



Sandra Millers Young

## Call for Annual Meeting Volunteers

Looking for FWATA members in the San Diego area to volunteer during the Annual Meeting. Volunteers (certified and students) are needed Thursday, April 16 through Saturday, April 18. Volunteers will be helping with stuffing registration packets, golf tournament, registration desk, education program, Awards Banquet, etc. There will be no reimbursement in your registration fees. If interested in volunteering please contact Justine Coliflores at [jcoli@sandiego.edu](mailto:jcoli@sandiego.edu) or Hazel Ando at [hazel.ando@ucsb.edu](mailto:hazel.ando@ucsb.edu) by **March 17th**.





## FWATA P5



## Public Relations

*Sarah Lyons, MS, ATC, PES*

Here are a few highlights and promotions that are happening with the Public Relations Committee in District 8...

Reid Takano of Moanalua High School in Honolulu, Hawaii is the 2015 winter quarter FWATA Public Relations **Excellence in Athletic Training Award** recipient. Reid was nominated by his athletic training peers and praised for ceaselessly striving to improve the quality of athletic health care to his constituents and continuously moving the athletic training profession forward in Hawaiian communities.

Want to spotlight an **Excellent Athletic Trainer** you work with, mentor or admire? Just visit the FWATA website and submit your nomination.

The Far West Athletic Trainers' Association is looking for interested members who would like to create a video that is based off the Friskies "Dear Kitten" commercial. We are altering it to "Dear Athletic Trainer" where the older/wiser athletic trainer is showing the athletic training student the ropes/teaching the wise ways of what certified athletic trainers have learned, or knowledge they wish they had listened to. You may add your own ideas to this video, sharing what you learned that really helped you as a student. We have listed several ideas for the video to get you started, just visit [fwata.org](http://fwata.org) for more information. Submissions can be uploaded via [fwatad8.org](http://fwatad8.org) "photo submission" page, or emailed to [contact@fwatad8.org](mailto:contact@fwatad8.org).

District 8, California, Nevada and Hawaii are all participating in the 2015 NATM Social Media Blasts! Please visit the **NATM tab** on the FWATA website for more details.

The Public Relations committee, with the help of the Young Professionals, Athletic Training Students and Committee on Practice Advancement will be volunteering at the **3rd Annual Centanni-Cottle Memorial 5K** at **9am on Sunday March 22nd in Yorba Linda**. We will have a booth set up at Esperanza High School. Volunteers can choose to run/walk during the race while promoting AT awareness. Volunteers at the booth will also be spreading AT awareness as well.

If you are interested in more information or want to volunteer please email [contact@fwatad8.org](mailto:contact@fwatad8.org).

In support of the Ric Centanni Memorial fund and the Public Relations Committee, **Slater's 50/50, Anaheim Hills**, will be hosting an all day fundraiser on St. Patrick's Day **March 17<sup>th</sup>**. The required event flyer is available at [FWATA.org](http://FWATA.org). Please come and support NATM, the Rick Centanni Memorial Fund and enjoy the famous 50/50 burger.

### Help us bring home the bacon.

Who?

**FWATA**

What?

Slater's 50/50 will donate 20% of event sales to our organization!

When?

March 17<sup>th</sup> 2015

At the Slater's 50/50 located at

6362 E Santa Ana Canyon Rd  
Anaheim Hills, CA 92807

SLATER'S

**50/50**

Burgers by Design

**Rules:** Flyers must be distributed prior to the date & time of the event and not in or around the restaurant. Flyers must be presented day-of event upon seating. No other discounts/ coupons are accepted during fundraising events. Fundraiser events exclude alcohol sales. Not valid on To-Go orders.



Please tell us what you are doing to promote the profession. If you ever have any questions, suggestions or information to share please CONTACT US on our website or e-mail us at [contact@fwatad8.org](mailto:contact@fwatad8.org). There is so much more happening within the District and Nationally! Check our website, facebook and twitter pages to stay up to date in District 8.

## NEVADA PR UPDATE

On behalf of Coby Vandenberg, PR chair for NEV-ATA, the District 8 PR committee is pleased to announce for a second year in a row the airing our **NATM video** during several Men's Basketball Conference Championship Tournaments held in Las Vegas, Nevada. The NATA NATM **public service announcement** will read during the tournament timeouts and intermissions. If you are attending the WCC, PAC 12, MWC and WAC tournaments cheer for our FWATA video and PSA! #NATM201. Like the idea? Visit the **NATA National Athletic Training Month** for details on how your organization or school can get involved during the month of March.

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## FWATA P6

### HAWAII PR UPDATE

#### Hawaii Athletic Trainers' Association celebrates 30 years

In 1985, eight individuals came together and founded the Hawaii Athletic Trainers' Association. Thanks to the hard work of Lindy Rowan, Chris Balskie, Melody Toth, Wes Sphar, Pete Howard, Eric Okasaki, Glenn Beachy, and Jayson Goo, they created a legacy that is celebrating its 30th anniversary this year! HATA committees are working hard to recognize the efforts and accomplishments over the last 30 years and celebrating during NATM and at HATA's 20th Annual Symposium.

#### Island Wide Run and Ride

Big Island to Kauai, north shore to the east side, join us in March, for our island wide run n ride.

Join the Hawaii Athletic Trainers' Association (HATA) in a statewide active challenge for National Athletic Training Month (NATM) throughout the month of March. Log the amount of miles and/or hours of activity you participate in and post on Facebook, Instagram or Twitter, using the hash tag #HATARunAndRide. Daily posts are encouraged, as are photos to document your activity and scenery. The HATA Public Relations committee will keep a tally based on your hash tags. Prizes will be awarded to for the most miles logged and the most hours logged. Whether you run, walk, bike, hike, kayak, surf, do yoga, lift weights or even play a sport, challenge yourself to get more active! Be an example to our patients and athletes that health is a priority. See how much you can do during NATM!

*\*Open to any HATA member. Facebook, Instagram or Twitter application not needed to participate. May also email [hatapublicrelations@gmail.com](mailto:hatapublicrelations@gmail.com) with miles and hours logged.*

**The 20<sup>th</sup> Annual HATA Symposium will be on June 5-6, 2015 at the Queen's Medical Center Conference Center.**

Congratulations to Ross Oshiro MS, ATC on being announced a 2015 National Athletic Trainers' Association Athletic Trainer Service Award winner. After spending many years as a secondary school athletic trainer at his alma mater - St. Louis School (Honolulu) and also at Roosevelt HS (Honolulu, Hawaii); Ross moved into a then newly created position of the State of Hawaii Department of Education as Coordinator of Athletic

Health Care Specialists. While there, he helped bring about the development of coordinated care throughout the public high schools with: policies on game and practice coverages, a statewide injury data collection and management system, and concussion awareness/education/management research and protocols. He was also instrumental in helping lobby the Hawaii legislature for second athletic trainer positions - of which almost 90% of Hawaii public high schools now have two full-time athletic trainer positions for a total of over 70 certified athletic trainers. His work with the Hawaii Athletic Trainers' Association was also helpful in the state of Hawaii securing registration for athletic trainers in 2013 as well as drawing up what would become a youth sports concussion law to help protect the public. After eight plus years with the Hawaii Department of Education, Ross recently started up with the Queen's Medical Center as the Coordinator of their Center for Sports Medicine.

The National Athletic Trainers' Association has over 35,000 members. Ross is one of only 36 athletic trainers in the country to receive the Athletic Trainer Service Award this year; and one of only a handful of Hawaii certified athletic trainers who have ever won the award. He joins Eric Okasaki (1998), Cindy Clivio (2005), Beth Young (2009), and Glenn Beachy (2012) as the only Hawaii athletic trainers to have received this honor. Congratulations again, Ross!

*continued*

*Connect with FWATA!*







FWATA P7

## CELEBRATE & WIN! National Athletic Training Month Social Media Contest

Show us how you're promoting the profession in March for your chance to win prizes! In honor of National Athletic Training Month, we're sponsoring a social media contest to see how our members are promoting the profession. Using our [resources](#) or your own creativity, post a photo to one of our social media accounts that demonstrates how you're raising awareness about athletic training.

### How it Works:

1. Post a photo or video to our social media accounts ([Facebook](#) and [Twitter](#)) during the month of March demonstrating how you/your team is promoting the profession for NATM.
2. Use the hashtag #NATM2015 and be sure to "like" and "follow" our accounts to complete your entry.
3. We'll select three winners at random who will receive \$100 Amazon gift cards.
4. Each individual photo or video counts as one entry; feel free to submit as many entries as you can. The more you enter, the greater your chance of winning!

### Bonus: Poster Contest!

Your February *NATA News* has a free poster inside! Send us a snapshot on social media using the hashtag #NATM2015 to show us how you're displaying the poster, and you'll be entered to win a \$100 Amazon gift card and a \$50 credit to the NATAGear merchandise store.



[facebook.com/nata1950](https://facebook.com/nata1950)



[@nata1950](https://twitter.com/nata1950)

### NATM 2015 Social Media Blast!

Fellow Athletic Trainers,  
The goal of the 2015 NATM [social media](#) campaign is to get the following messages to trend nationwide. You may use the social media of your choice, or blast it out on all of them! Remember to stay compliant to HIPAA & FERPA when posting pictures and tagging others in your messages.

#### Tweet 1: March 2, 2015

**Tag local, state and federal legislators.**

#NATM2015 Every Athlete Deserves an Athletic Trainer @YSSAlliance

[www.youthsportssafetyalliance.org](http://www.youthsportssafetyalliance.org)

#### Tweet 2: March 9, 2015

#NATM2015 Time to Step into the Spotlight

[www.athletictrainers.org](http://www.athletictrainers.org)

#### Tweet 3: March 16, 2015

**Tag your stakeholders. Administration, Teams, Parents, Boosters**

#NATM2015 We prepare – You Perform [www.nata.org](http://www.nata.org)

#### Tweet 4: March 18, 2015

ATs know the best approach for concussion management & return to activity.

#NotAloneinBrainInjury #NATM2015

#### Tweet 5: March 23, 2015

**Attach a photo of you or a coworker in action!**

#NATM2015 "Photo"

#### Tweet 6: March 31, 2015

#NATM2015 is ending today, BUT we will still be doing our jobs tomorrow – We Prepare, You Perform

Retweet and like all the #NATM2015 that you see!





## FWATA P8



## Research and Grants

*Kavin Tsang PhD, ATC*

### Free Communications Program

The Research & Grants Committee received 42 abstract submissions (20 Peer Review; 22 Student Exchange) for presentation at the 2015 FWATA Annual

Meeting & Clinical Symposium. Topics include original investigations (strengthening paradigm, treatment techniques, concussion management, hiring practices, AT education, etc) to systematic reviews and clinical case reports. From the accepted submissions, 6 Peer Review and 10 Student Exchange abstracts were selected as finalists for the Outstanding Research Awards. Judging will occur during the meeting and selected winners will receive awards ranging from \$100 to \$225. We want to encourage everyone to come check out the research posters during the conference and meet the investigators during the Exhibitor Social (April 17 6PM-7PM).

Information regarding the Free Communications Program and the Research Grants Program can be found [HERE](#).

### Committee Members

The Research & Grants Committee would like to formally welcome our newest members: Melissa Montgomery, PhD, ATC (CSU Northridge), Christopher Jamero, MA, ATC (Saint Mary's College of California), and Paul Ullucci, PT, DPT, ATC, SCSC, CSCS (CSU Fresno). In addition, Michelle Cleary, PhD, ATC, CSCS (Chapman University) will begin her term as R&GC Chair after the 2015 FWATA Annual Meeting & Clinical Symposium. We are excited about their ideas and energy as we continue to foster and promote quality research activities in the district.



Michelle Cleary



## College & University Committee

*Jamie DeRollo, MBA, ATC, EMT*

The National CUATC Committee has been hard at work for you on the following Projects: (1) **"The 10/10 Project"** which are educational slides for you to present to coaches and administrators that are online and we are adding topics. The current presentations are available, link [HERE](#). They are easy to tweak for your institution and full of great information! (2) Forming a national community college/junior college sub-committee. Currently there are 24 regions that make up the NJCAA and then there is the California CCCATA. We are working to have AT representation at the NJCAA Health & Safety level. (3) On the committee website there is also a NCAAII Summer Workout Check sheet (4) Also, not new, but take a moment to look at the **AMCIA** document that can be found on the CUAT section of the NATA website. Please be on the lookout for **H.R. 921: Sports Medicine Licensure Clarity Act** which clarifies medical liability rules for athletic trainers and medical professionals to ensure they are properly covered by their malpractice insurance while traveling with athletic teams in another state.

Your FWATA CUATC group has been hard at work developing our database of emails for CUATC members to keep you apprised of current topics in the college athletic training setting. We welcome your feedback for pertinent issues at our level that need to be addressed and that we can present to the National Committee. Please contact your divisional rep listed on the FWATA web page if you are not receiving regular informational emails, or feel free to [email](#) me, Jamie DeRollo, your CUATC District 8.

There is still a vacancy on our committee for a Nevada Representative, contact me for information.





## FWATA P9



## NATA Research and Education Foundation

*Kavin Tsang PhD, ATC*

### Ambassador Positions

The NATA Foundation is still looking for people interested in becoming an NATA Foundation Ambassadors. Ambassadors would work with the District Chairs in the local, state, and conference level to help inform people about the NATA Foundation. It is a great way to become involved in the profession and volunteer for a position of leadership. If you are interested, please email [Scott Johnson](#), Vice President of District Relations, or contact the NATA Foundation Chair for your district.

### "Save the Date" ...

#### Foundation Events in St. Louis, MO

- Silent Auction
- Block Party
- Fun Run/Walk

### Ongoing Initiatives

- Triple D Challenge: Be the first district to double the amount of donors over the previous year. In an effort to increase critical support, we've initiated a contest to see which NATA Districts can increase the number of members who donated to the NATA Foundation from 2014 to 2015. [Donate today](#) and make sure to visit our website in the upcoming weeks to see which district is winning!
- Shoe Box Society: The Shoe Box Society for Planned Giving is designed to honor those who utilize estate planning to support the mission of the NATA Foundation. These commitments hearken back to the visionaries who founded NATA in Kansas City in 1950. Those pioneers undoubtedly knew their efforts would benefit all who would follow them in the profession much more than themselves.

For more information about these initiatives or just catch up with what the Foundation is busy doing ... visit the Foundation [website](#) or get a hold of your District Chair (Kavin Tsang, PhD, ATC).



## Secondary Schools

*Stacey Ritter, MS, ATC*

The National SSATC publishes an e-newsletter, distributed on the third Wednesday of every month. If you are not receiving automatically, be sure to subscribe, or follow this [link](#) each month for current events and topics specific to this setting.

At the FWATA Annual Meeting, there will be a SSAT round-table discussion on Fri 4/17 from 10-11am. All SSATs, and those interested in the setting, are welcome to attend.

At the NATA Annual Meeting, Dan Newman & Stacey Ritter from the National SSATC will be hosting a Peer-to-Peer session on the new Value Model for the Secondary School Setting. The tool is designed to assist in identifying statistics, data, outcome measures and value to your athletic training program. Please check conference schedule for day, time & location.

We now have a LinkedIn page: "NATA Secondary School Athletic Trainers' Committee". Join us on LinkedIn!

Check for [updated resources & tools](#).

## Mission & Goal

The purpose of the Far West Athletic Trainers Association (FWATA) website is to provide any person with information and resources regarding the latest state, regional and national news regarding health care and the Athletic Trainer. It is our goal to provide up to date information for those living in California, Nevada and Hawaii concerning athletic training clinical practice, links to state and national legislative requirements and educational opportunities for Athletic Trainers living and working in California, Nevada and Hawaii.



## FWATA P10



## Governmental Affairs Update

*Lauren Forsyth, ATC*

### California

California is once again on the hunt for regulation and introduced another title protection act. AB 161 will require that only individuals with the proper qualifications are allowed to call or hold themselves out as an athletic trainer. The goal is to protect the public by raising awareness to the issues in California regarding uncertified people practicing athletic training. California's governmental affairs team is working closely with Governor Brown's office to provide the evidence that Governor Brown felt he was lacking to pass the previous title protection act. We are currently gathering information to help with this process. If you have any information regarding harm caused by athletic trainers or non-certified individuals in the state of California please email [Lauren Forsyth](mailto:Lauren.Forsyth@csulb.edu). This information is imperative to our fight for regulation.

On another note, the CATA held its annual Hit-the-Hill event on February 23<sup>rd</sup> and experienced record breaking attendance with 170 attendees. The day was extremely successful with 90 face-to-face meetings, 120 total office contacts and several legislators showing interest in co-authoring the bill. The CATA GAC would like to thank anyone that found the time to attend this year and a very special thanks to those of you that put so much time and effort into helping this event become so successful. We could not do it without you.

### Hawaii

The Hawaii GAC is currently monitoring legislation and has nothing new to report.

### Nevada

Nevada GAC is hard at work this year with their current bill AB 158 which will recognize and allow athletic trainers to perform an epi-pen injection. Currently, athletic trainers in Nevada are not included in the language regarding who can and cannot use an epi-pen, this bill is looking to correct this situation. Any concerns or questions regarding this legislation should be directed to [Steve.McCauley@wynnlasvegas.com](mailto:Steve.McCauley@wynnlasvegas.com).



## Ethnic Diversity Advisory Committee

*Mimi Nakajima, EdD, ATC*

The NATA Ethnic Diversity Advisory Committee (EDAC) is getting ready for the Annual Meeting in June that is taking place in St. Louis. We're excited for the many activities we have planned and encourage anyone interested to join us at any of these activities put on by the committee:

- The annual service project will take place on Tuesday, June 23 from 9a-12p. Our activity will be *to interact with children and introduce them to athletic training*. We will have two locations, so please invite all your friends to volunteer!
- Educational session "Cross Cultural Mentoring" is on Wednesday, June 24 at 4pm
- The EDAC Town Hall meeting will take place on Thursday, June 25 at 6pm

Be sure to check the Convention Program for additional and updated information on these activities.

We are always looking for recommendations for nominations of Athletic Training awards at the local, district and national levels. These include two EDAC scholarships and the Bill Chisolm Award.

I encourage everyone to apply for any and all of the following programs:

1. EDAC Diversity Grants- These can also be used towards the iLead program for AT students.
2. Mentoring- EDAC has set up a database for students and YP to find mentors in their area. Please use this tool to encourage membership to seek out mentors especially for leadership and committee work. The database can be found on the NATA [website](http://www.nata.org).

EDAC is available to all the membership, of every background. We invite everyone to our events. Also, we want to know of any events you are hosting on the topic of ethnic diversity or if you have an ethnically diverse speaker. Please forward the information to myself at [mimi.nakajima@csulb.edu](mailto:mimi.nakajima@csulb.edu).

Please visit the NATA [website](http://www.nata.org) to see all of the things that the committee is doing. Please follow us on Facebook and Twitter!

I look forward to seeing everyone in St. Louis!





### Jason Bennett, DA, ATC

President, California Athletic Trainers' Association

The CATA annual clinical symposium and Hit the Hill event was February 21-23 in Sacramento. We had an excellent conference with 1.5 evidence-based practice (EBP) CEUs available and plan for more EBP CEUs in the future. One focus of this past weekend was our 7th annual Hit the Hill event with 188 certified and student members on the hill in support of AB 161 - Title Protection for Athletic Trainers. A huge thank you to those who attended the conference and /or the Capitol to talk with legislators on all of our behalf. For those that we're not able to attend there will be more opportunities in the near future with letter writing and other visits to legislators. Our goal is simple, have AB 161 pass the legislature and to have Governor Brown sign the bill and we need everyone's help in getting this last. This is our year!



A focus of the this past weekend was also on legislative and ethics issues that are critical for AT in CA. In fact, most legislators want to know why we need to be regulated and how many people are uncertified yet acting as athletic trainers. To that end we will be adding a report mechanism to our website for the public and our members to report this unethical practice. We also emphasized that all students (including those that are not enrolled in an accredited program) that are providing patient care must be supervised by a licensed health care professional or certified athletic trainer. We already have evidence of school administrators attempting to use our students in this manner instead of hiring additional certified staff. We need to report these practices to assist with our legislative efforts and to increase the number of jobs in the high school, community college, and university settings.







## FWATA

Athletic Trainers Association has announced the 2015 award recipients.

**Mike West** (pictured below) received the State Recognition Award. Mike was recognized for his 10 years of service; two 3-year terms as the CATA President plus 4 years as the CATA Governmental Affairs Chair. Mikes unceasing contribution of time and energy for the betterment of the profession of Athletic Training and to the statewide membership of the CATA is unparalleled. Thank you Mike West.



**Eric Paredes** "Save a Life Foundation out of San Diego" received the Special Service Award. Eric was a healthy Steele Canyon High School athlete who died suddenly and unexpectedly from Sudden Cardiac Arrest/Death (SCA/D) in 2009. His parents established EP Save A Life Foundation to honor him through their commitment to prevent this tragedy from happening to other families. The EP Save A Life Foundation is committed to preventing SCA in young people through awareness, education and action.

**Erin Stovall**, in her first year of employment at Archbishop Riordan High School in San Francisco, received the Life Saver Award. On February 5th, Erin used an AED and CPR to save a baseball coaches life. She had gone into work on her day off to follow-up on an athlete with a concussion. Around 5:30pm a couple students ran into her office and said that their coach had passed out. She ran out to the baseball field to find her 60-year-old assistant JV baseball coach pulseless and starting to turn blue. She started CPR right away and

sent someone to get the AED. Within the time it took to get the ambulance there she had shocked him once, continued CPR and the coach started breathing again under his own power. It was only after he was at the hospital that they learned that he had suffered a stroke and a heart attack. He walked out of the hospital after a week and is set to return to work now 3 weeks after the incident. Thank you Erin for saving a life.

The California Community College Athletic Trainers Association (CCCATA) has announced the 2015 award recipients.

**Athletic Trainer of the Year** - Brian Cable from Cerritos College

**CCCATA Hall of Fame** - Fred Smith from Bakersfield College and Diane Rudy from West Hills College

Lastly I wish to recognize several of our outgoing members of our managing board and welcome new ones. Mike West was a truly outstanding president of our association and I greatly appreciate his leadership for the past 6 years and look forward to his continued involvement with our governmental affairs committee. Rory Natividad has also stepped down as governmental affairs chairperson and Mike Chisar has replaced him as we continue to move forward with legislation in CA. I appreciate Rory's dedication to our efforts over the many years of his service. Similarly, Michelle Cleary has stepped down as chair of our annual symposium committee and Chris Ludwig has replaced her. Finally, We have an opening on our board for a Region 3 director, which is someone in the central valley from approximately Stockton to Bakersfield. If you are interested in this position, please contact me.

