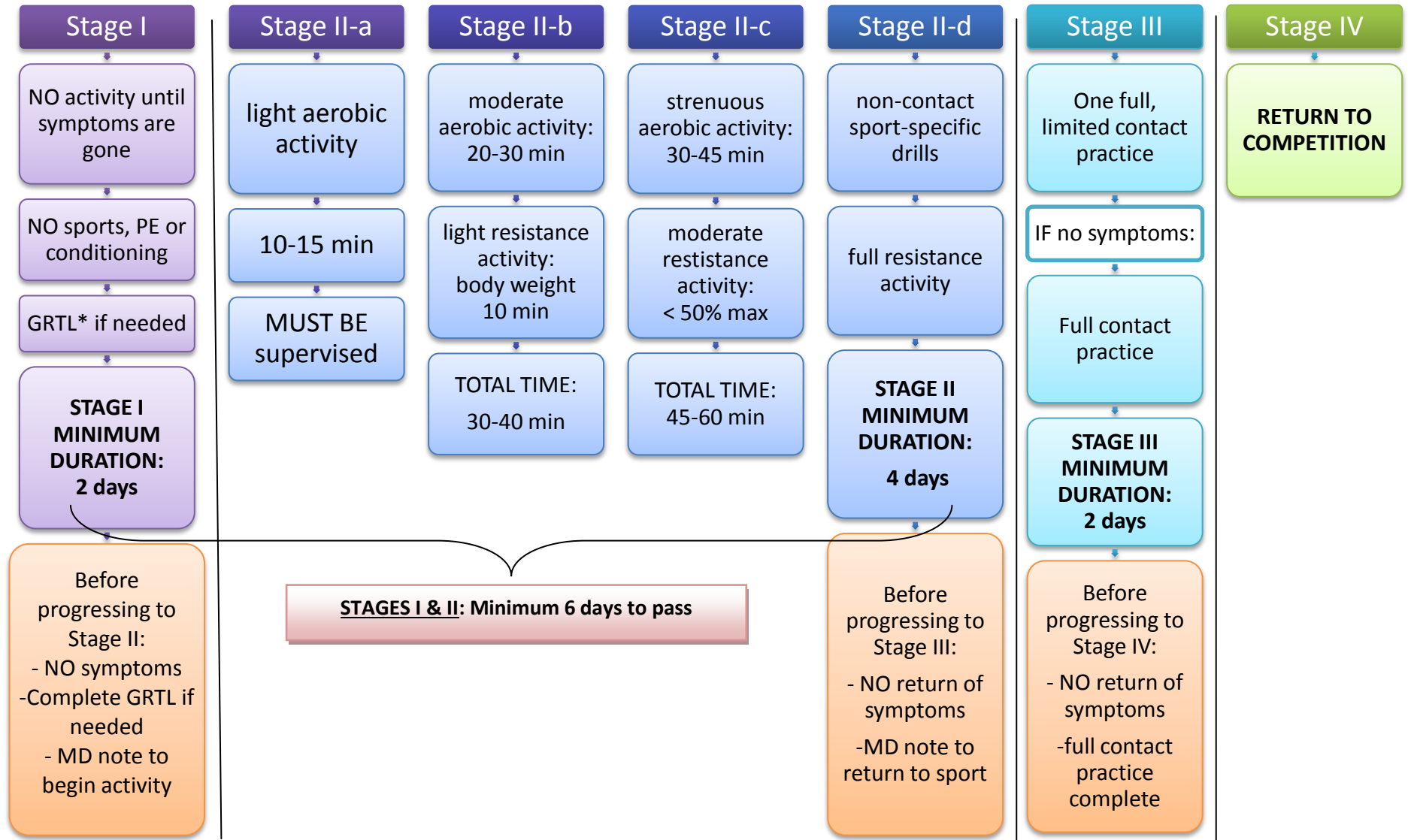


## CIF CONCUSSION RETURN-TO-PLAY (RTP) PROTOCOL: Step-by-Step Guide

CA STATE LAW AB 2127 (Effective 1/1/15) STATES THAT RETURN TO PLAY (I.E., COMPETITION) CANNOT BE SOONER THAN 7 DAYS AFTER EVALUATION BY A PHYSICIAN (MD/DO) WHO HAS MADE THE DIAGNOSIS OF CONCUSSION. The progression below BEGINS after MD diagnosis.

NOTE: CONCUSSION MANAGEMENT IS BASED ON SYMPTOMS, NOT ON THE CALENDAR. Some student-athletes may take longer to heal.



\*Graduated Return-to-Learn

- After Stage I, only one stage per day (or longer if instructed by physician).
- If symptoms return at any stage in the progression, physical activity should STOP IMMEDIATELY; follow up with Athletic Trainer or physician.