

Message Body:

Patricia Cardenas
Mission San Jose High School
37352 Hill Street
Newark, CA. 94560
(408)656-2222
pattycardenas@gmail.com

2000000547

Samuel M. Baugh
Mission San Jose High School
coachbaugh@msj-fotball.com
(510)396-5422

I am writing this letter to nominate Patricia Cardenas for FWATA D8 Excellence in Athletic Training Award. Patricia has been assigned as our school's Athletic Trainer going into our fourth year here at Mission San Jose High School in Fremont, California. It should be noted that Patricia serves as the Director of Sports Medicine Outreach for Fremont Orthopedic Rehabilitative Medicine and personally provides Athletic Training services to four local high schools and serves as a North Coast Section Athletic Trainer. Just last year alone, Patricia provided medical coverage for 70 high school football games.

Working with the student athletes at Mission San Jose High School is a challenge to say the least; our demographics do not support football. Since Patricia's arrival here at Mission San Jose High School we have instituted mandatory ImPact testing for all players. Through her leadership and guidance we have established a relationship with our medical staff which includes suspected mTBI film exchange prior to the concussed athlete's appointment for medical review by the physician. We have been featured on CBS (KPIX 5) in a news special regarding helmet safety and training techniques. Additionally, Patricia and I were featured on EdTv 26 Community Conversations, discussing head injury prevention.

After the passing of AB2127, Patricia helped to develop the Mission San Jose High School Concussion Management Protocol, which ensured we were not only in compliance with California law but meeting our moral obligation to our players as well. I have attached a copy of the Concussion Management Protocol to this letter as an example of the level of her work and as a model for others to follow.