









**MARCH 2016** 



#### **FWATA LEADERSHIP**

#### **District Director**

Carolyn Peters, MA, ATC, CSCS San Diego, CA 619.201.8734 cpeters@sdcc.edu

#### **District Secretary**

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#### **District Treasurer**

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#### **REPRESENTATIVES**

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#### Hawaii

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#### Nevada

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Athletic Training Student Member
Brooke Petefish
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# **District 8 Director's Message**

Happy Spring FWATA members,

Just a thought before getting in to updates. We, athletic trainers, are often the last one thanked, informed, appreciated or cared about. I'd like to remind you that we can change that within our own organizations and groups. Be the first to thank someone, give grace to those who don't deserve it and care about each other in a purposeful way. I have to remind myself regularly that some people (coaches, administrators, employers, etc.) may not share the level of standard or carry



Carolyn Peters

the passion of near perfection that most of us share. Forgive yourself the frustration, take a breath and teach others how excellence is contagious. There isn't anything I'd rather do and I don't want others to kill my joy so try and high light the bright spots in others even if it is never reciprocated. For those that drive you crazy, remind them of your standard and make sure you positively reinforce the behavior you wish to happen around them. Bill S. Preston, "**Be excellent to each other!**"

Ruem will give you an update on our annual meeting but rest assured that we are aware of the Dengue Fever, the efforts in Hawaii they are doing to combat it.

Recently, the NATA board of directors meant with the all NATA committee's and had a productive weekend. If you are in a particular setting, please reach out to your chair for any updates. The following are some approvals the BOD agreed too: Create the Board of Athletic Training Specialties (BATS), which will focus first on a specialty certificate in orthopedics; terminate using the "Physician Extender" as a description for athletic trainers in the physician office setting; approve the Secondary School Athletic Training Course Outline to assist athletic trainers who teach this type of course; continue our financial support of the Kory Stringer Institute (malignant hyperthermia position statement coming soon), hire an additional lobbing firm to assist with the H.R. 921: The Sports Medicine Licensure Clarity Act; and create the Leadership Academy which will replace Star Tracks and be free with your NATA membership. We have some other projects in the works but I was very proud to represent you at the table making strides for our profession.

continued...

# A SAFER APPROACH TO WORK, LIFE AND SPORT

#NATM201















**FWATA P2** 



#### **Public Relations**

Sarah Lyons, MS, ATC, PEC Sarahlyons115@gmail.com

#### **Scholarships**

Ned Bergert, MS, PTA, ATC nhbergert@amail.com

#### **Governmental Affairs Chair**

Lauren Forsyth, MS, ATC, CES Iforsyth@berkeley.edu

#### **Annual Meeting and Clinical Symposium**

Reum Malasarn, MS, ATC rmalasarn@cpp.edu

#### **Committee on Practice Advancement**

Steve McCauley, ATC Steve.mccauley@wynnlasvegas.com

#### **Student Leadership Committee**

Lead Advisor Tricia Kasamatsu, MA, ATC Tricia.kasamatsu@gmail.com

> Chair **Brooke Petefish** fwatsc8@gmail.com

#### **NATA Representative** Hyosung 'David' Han

hanvolution@gmail.com

A couple activities in Baltimore I want you to be aware of is the State Leadership Forum will be held June 21st 4-7pm (time subject to change) and Hit the Hill in DC on June 22th. The goal is to have all 50 state represented on that day, what an awesome sight that will be. When the announcement comes to sign up, do not wait! There will not be ANY late additions. Due to logistics of travel and meeting set ups it was made very clear to the leadership that those interested should not wait. I hope you will join me as we have a mighty presence in the United States Capitol.

Lastly, NPI numbers. Have you registered? An NPI number is important regardless of your setting and this is why: AMA Recognition— Athletic Trainers (ATs) have been recognized by AMA since 1990, and were granted ATspecific CPT codes in 2000. NATA battled for years to obtain this recognition and yet have been unable to progress further while the health care arena has continued to evolve. CMS Recognition—CMS considers approved providers based on a number of factors- one of which is the penetration of the provider throughout the country. The most common searchable data is the NPI of the profession. If all athletic trainers had NPI numbers, our market presence would be impressive! Regulatory—As with CMS, when regulatory agencies or legislators are attempting to identify the market presence of a particular health care profession, an NPI search is the industry standard. Value and Credibility—there is strength in numbers. Using NPI statistics gives athletic trainers more power in legislative, regulatory, and health care initiatives, increasing our value as an allied health care provider. Third Party Reimbursement--The most commonly understood reason to have an NPI is its necessity when billing third party payers for services performed by a health care provider. Any claim submitted to an insurance company must identify the athletic trainer by an NPI or the claim will be rejected. This LINK brings you back to the NATA website with step by step instructions. It's fast and free. I hope you'll do your part in trying to get 100% of District 8 members registered.

In closing, I would like to thank Ned Bergert (scholarships), Stacey Ritter (Secondary Schools), Heather Harvey (Young Professionals), Brooke Petefish (Student Leadership) and David Han (NATA Student Leadership) for their contributions representing FWATA and athletic trainers with pride, passion, and great character throughout District 8 and NATA. I'd like to welcome Chase Paulson (Secondary Schools), Kara Radzak (Young Professionals), Brenda Valdez (NATA Student Leadership), Susan Ganz (NATA Honors and Awards MDAT subcommittee) and Scott Cheatham (NATA Honors and Awards Service subcommittee) aboard as I know they will continue to carry on the mission and vision of their respective committees and subcommittees. I am still looking for volunteers to fill our FWATA Scholarship chair and COPE (NATA Committee on Professional Ethics) positions so if you're interested, please contact me. Have a wonderful spring and I hope to see you in Baltimore and/or Kona!!

Carolyn Peters, MA, ATC, CSCS District Director cpeters@sdcc.edu

This electronic newsletter is published twice a year by the Far West Trainers' Association, for its members. For information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary, Lyn Nakagawa, MS, ATC, CSCS, 808-956-7144 lynhn@hawaii.edu.













#### Research and Grants Michelle Cleary cleary@chapman.edu

Secondary Schools
Stacey Ritter, MS, ATC
stacey.ritter@movementforlife.com
Chase Paulson
(NATA Rep)
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# College / University Athletic Trainers Jamie DeRollo, MBA, ATC, EMT jderolllo@deltacollege.com (NATA Rep)

Honors and Awards
Hazel Ando, MS, ATC
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History and Archives Isabel Archuleta, MS, ATC Iarchuleta18@hotmail.com

# Ethnic Diversity Advisory Committee 'Mikiko 'Mimi" Nakajima, EdD, ATC Mimi.nakajima@csulb.edu (NATA Rep)

Young Professionals
Heather Harvey, MA, ATC
HarvHM@fusd.net
(NATA Rep)





Lyn Nakagawa, MS, ATC, CSCS

Aloha FWATA Members! I would like to congratulate Garvin Tsuji for being awarded the NATA Athletic Training Special Service Award. I encourage everyone to consider nominating colleagues and mentors as we have so many deserving athletic trainers in District 8. Nominations are taken by the NATA annually in August until mid-September.

Currently, we have 2,801 District 8 members (AS- 1, CA- 2,405; GU-2; HI-205; NV- 188). These numbers are

slightly down from last fall because effective February 15th, members who have not fully paid for or renewed their membership were suspended. This means that all member benefits have ceased, including but not limited to reduced NATA and District conference registrations, membership communications, and subscriptions to the Journal of Athletic Training and NATA News. Just a reminder, paying your NATA membership dues also includes your district and state dues. For those that have renewed your membership, thank you for your continued support of the NATA and FWATA! Don't forget to take advantage of the many benefits of your membership including the 10 free CEU credits that can be used in the online quiz center which includes EBPs or for discounted registration for the upcoming FWATA Annual Meeting. I look forward to seeing everyone in Baltimore and Kona!

Lyn Nakagawa, MS, ATC, CSCS District Secretary lynhn@hawaii.edu



## **Honors & Awards Committee**

Hazel Ando, MS, ATC

It is time to honor the FWATA members who have achieved the pinnacle recognition in athletic training. The FWATA Hall of Fame Award is the highest honor any member of FWATA can achieve. It is to recognize dedicated members who have spent countless hours as an athletic trainer, mentoring students and athletes as well as volunteering their personal time to advance the Athletic Training profession.

This year, we will be inducting the following into the **2016 FWATA Hall of Fame**:

# Glenn Beachy, MS, ATC

Education: Indiana State University (MS); University of Hawaii-Manoa & Brigham Young University – Hawaii (post grad); Indiana State University (BS)

Career: Punahou School, Physical Education Teacher-1987-2000 & Head Athletic Trainer-1987-present; Kamehameha Schools, Head Athletic Trainer/Assistant Athletic Trainer/Physical Education Teacher-1973-1987; Indiana State University,

continued...











**FWATA P4** 



Glenn Beach, MS, ATC

Graduate Assistant-1972-1973; Punahou School, Head Athletic Trainer-1968-1971

Volunteer Service: NATA Convention Planning Committee-2015 to present; FWATA MB Hawaii Representative & Parliamentarian 2007-2010 & 1997-2000; NATA Task Force Member - Appropriate Medical Care for Secondary School-Age Athletes-2002; Journal of Athletic Training Reviewer-2005-present; Approved Clinical Instructor, University of Hawai'i-Manoa-2005-2008; HATA Annual Symposium Program Director-2001-2007 & 1993-1999; FWATA Elections Officer-2000 & 1999; FWATA Annual Meeting Program Committee Hawaii Representative - 1998; HATA Secretary - 1995-1996 & 1985-1988; Hawaii Governor's Council on Physical Fitness and Exercise-1990; Hawaii Medical Association Sports Medicine Committee Member - 1980-1987; Pro Bowl - Hawaii Representative Assistant to Professional Team Athletic Training Staff - 1980-2009; Aloha Classic Basketball Tournament--Head Athletic Trainer - 1985-1987 & 1969-1971; Hawaii Association of Health, Physical Education, Recreation & Dance—Teacher of Year Committee/Spring Conference

Site Manager-1986 & Public Information Committee-1976-1986; Hawaii Athletic Trainers Association Founding Member-1985; Hula Bowl-Head Athletic Trainer or Assistant - 1974-1997 & 1969-1971; Hawaii Special Olympics Games Director-1974-1984, Board of Directors-1974-1987, Head of Delegation International Summer Games-1979 Rockport, NY & 1983 Baton Rouge, LA; and countless other events.

Honors & Awards: NATA Athletic Trainer Service Award-2012; FWATA Most Distinguished Athletic Trainer-2011, FWATA State Service Award-2010; District 8 High School ATC Award-2001; Hawaii Special Service Award-2001

#### Endorsement:

Dr. Cedric Akau, Punahou School Team Physician, notes "Glenn personifies the very best of what an athletic trainer, or for that matter what a health care provider, should be. His actions as a caring, hard-working team player have inspired all those who interact with him to work even harder toward the common goal of improving the health of our patients. .....It is thus through his example and leadership that individual athletic trainers and the profession itself have gained tremendously."

Jeff Meister, Punahou School Athletic Director, notes "..as an AD at Punahou, one of my responsibilities is to help assure our athlete's care and safety - something I am immensely confident they will receive by Glenn and his staff."

# Cindy Clivio, M.Ed, ATC

Education: University of Hawaii-Manoa (M.Ed & B.Ed)

Career: Kamehameha Schools- Honolulu, Supervisory Athletic Trainer-2007-present; Athletic Trainer-1987-2007; University of Hawai'i-John A Burns School of Medicine, Sports Medicine Course Instructor-1985-1993

*Volunteer Service:* Strategic Alliance Workgroup on Athletic Training Standards—2016; NATA State Association Advisory Committee—2014-present; NATA State Association Group State Representative—2014-present; National Federation of High Schools Sports Medicine Advisory Committee—2011-2015; BOC Professional Practice and Discipline Committee—2010-present; HATA State Leadership Forum Program Chair—2014present; NATA Secondary Schools Committee member/FWATA Secondary Schools Chair—2004-2012; Approved











**FWATA P5** 



Cindy Clivio, M.Ed, ATC

NATA PR Committee-Secondary Schools Liasion—2008; HATA Governmental Affairs Chair—2000-2013; NATA Uniform Terminology Project Committee—2005-2014; FWATA Governmental Affairs Member—1998-2015; Hawaii Pop Warner Football Athletic Trainer—2006-2008; FWATA Honors & Awards Chair—2001-2004; HATA President—1998-2004; International Federation of Gymnastics Athletic Trainer—2001; Hawaii High School Athletics Association Task Force to create a Weight Monitoring Program for High School Wrestling—2000; State of Hawaii Board of Physical Therapy Public Member—1988-1996; FWATA MB Hawaii Representative—1993-1997; HATA Secretary—1989-1993; FWATA History & Archive Committee—1996-2003; FWATA Secondary Schools Committee Member—1989-2004; HATA Secondary School Chair—1989-2004; FWATA Annual Meeting Committee Local Host—1998; Hawaii Medical Association Sports Medicine Committee—1995-2004; NATA BOC Examiner, Examiner Training Facilitator, Test Site Administrator—1994-2007; countless other

Clinical Instructor, University of Hawaii-Manoa-2010-2011, 2008, 2002-2005;

events.

Awards: NATA Most Distinguished Athletic Trainer-2013; FWATA Most Distinguished Athletic Trainer-2007; NATA Athletic Trainer Service Award-2005; FWATA State Service Award-2013 & 1998

#### Endorsement:

Sam Lee, ATC, HATA President, notes: "The quality and quantity of her work in athletic training over the years has been nothing short of amazing – at the local, state, district and national levels...Cindy has done so very much for our profession.....she represents athletic training with grace, passion, enthusiasm, compassion, purpose, and vision."

Carolyn Peters, District 8 Director, notes: "She represents Hawaii, FWATA, Secondary Schools and Female Athletic Trainers well with passion, dignity and confidence."

#### FWATA Most Distinguished Athletic Trainer

The purpose of this award is to recognize those members who have given outstanding service and dedication to the Athletic Training Profession and FWATA.

# Beth Ann Young, ATC

Education: University of Hawaii-Manoa, Bachelor of Science in Human Nutrition/Dietetics University of Hawaii-Manoa, Bachelor of Arts in Zoology (Sports Medicine and Pre-medicine)

Career: Punahou School, Assistant Athletic Trainer/Substitute Teacher 1991-present; University of Hawaii-Manoa, Athletic Trainer Intern, 2013-present; Lanakila Elementary School, Part Time Teacher 2002-2012 & 2000-2001

Awards: FWATA State Service Award 2012; NATA Athletic Trainer Service Award 2009; FWATA Special Recognition Award 2007; HATA Service Award 2007

#### Endorsement:

Glenn Beachy, Punahou School Head Athletic Trainer, notes: "She has been at Punahou for 21 years and has helped to make the Athletic Training Room a successful, organized, student-oriented operation. Beth is an excellent











**FWATA P6** 

representative of Athletic Training and certainly gives back to the community, both personally and professionally."

Cindy Clivio, Kamehameha Schools Supervisory Athletic Trainer, notes: "Beth Ann was a student and served as a student athletic trainer. Even in her earliest days she possessed all the qualities one looks for in an athletic trainer and a leader. She has always been hard working, professional, articulate, caring, loyal, and firm but fair. Those attributes carried over to her professional career at Punahou School where she has been a well respected assistant athletic trainer for many years. .....Beth is best known for being the embodiment of the Aloha Spirit and serving as an unofficial ambassador for the Hawaii Athletic Trainers' Association. She has been a welcoming hostess to NATA and FWATA dignitaries, speakers and guests of the association."

#### 2016 FWATA Special Recognition Awardees

Sarah Lyons, MS, ATC, PES Stanford University, Assistant Athletic Trainer

Lyn Nakagawa, MS, ATC, CSCS University of Hawaii-Manoa, Assistant Athletic Trainer

Dick Nelson
Alert Services Inc

The FWATA Award recipients will be recognized during the Awards Banquet at the 2016 FWATA Annual Meeting in Kona, Hawaii. It will take place Friday, July 15<sup>th</sup> at 5:00pm at the Sheraton Kona Resort & Spa at Keauhou Bay on the Big Island. HERE for details.

On behalf of the Honors and Awards Committee, I would like to thank those that nominated all the candidates for this year's awards. Thank you to my committee for dedicating their time to review all the applications.





2016 FWATA Annual Meeting and Clinical Symposium Sheraton Kona Resort & Spa at Keauhou Bay on the Big Island July 12-16, 2016

Program Agenda available **HERE**.

- Pre-Conference Learning Lab for an additional 3 CEUs (additional registration and \$60 fee required)
- Guest Speaker: Dr. Peggy Houglum, textbook author, retired AT, and PT with over 40 years of clinical practice
- NATA EBP Workshop for an additional 4 EBP CEUs pending approval (additional registration and fee required)
- "Celebrity" Quiz Bowl. Come and see AT faculty and preceptors compete! All entry fees donated to the NATA Research and Education Foundation. Contact **Melissa Montgomery** for details.



## Registration

Registration for FWATA Annual Meeting and Clinical Symposium is now open. Please go to the FWATA Annual Meeting **webpage** for more information, registration rates, deadlines and direct link to the register.

A group registration option is available for employers, companies or schools wishing to submit payment for multiple registrants/attendees. Please see the "Group Registration Form" tool provided under the "Register" tab of the FWATA Annual Meeting webpage for instructions and recommendations to register and pay as a group.

Contact **Ginger Lei Ehrke** with any FWATA Annual Meeting and Clinical Symposium registration questions, concerns or modifications/cancellations.

### **Special Events**

- Welcome Social and Luau!
- Annual FWATA Student Scholarship Golf Tournament!
- FWATA Awards Dinner to honor the FWATA Award Winners!
- Check out the "Local Features" Big Island, Hawai'i Highlights from our Hawai'i ATCs.....Kalei Namohala, Ginger Lei Ehrke, Zeny Eakins, & Scott Oshiro.

## **FWATA Update: Health and Safety**

The 2016 FWATA Annual Meeting WILL be held as scheduled. The health and safety of all of our attendees is an issue that our Convention Committee and Managing Board take very seriously. Please take the time and read the information below to educate yourself about some of the Island's current health concerns that you may have heard about. The Hawaii Department of Health continues to report that the Big Island remains a safe destination for visitors and residents.

**Vog:** Vog is a term that refers to volcanic smog. It is the haze you may see in the air that is caused by a combination of weather, wind conditions and volcanic activity. Vog becomes thicker or lighter depending upon the amount of emissions from Kilauea volcano, the direction and amount of wind, and other weather conditions.

People with pre-existing respiratory conditions may be more prone to adverse effects of vog which may include: headaches, breathing difficulties, increased susceptibility to respiratory ailments, watery eyes, and sore throat. The long-term health effects of vog are unknown. For more information, please click **HERE**.

**Dengue Fever:** Dengue fever is a virus that is transmitted by infected mosquitoes, and although not endemic to Hawaii, is intermittently imported to Hawaii by infected travelers.

Symptoms of dengue fever include "sudden onset of fever; severe headaches; eye, joint, and muscle pain; and rash," according to The Hawaii Department of Health. The symptoms typically resolve within one to two weeks. For more information please click **HERE**.

#### Tips for Mosquito Bite prevention



# Connect with FWATA!









Public Relations
Sarah Lyons, MS, ATC, PES

Below are a few highlights and promotions that are happening with the Public Relations Committee in District 8.

**Patricia Cardenas MS, ATC** was the 2015 fall quarter FWATA Public

Relations **Excellence in Athletic Training Award** recipient. Patricia was nominated by Mission San Jose High School Head Football Coach, Samuel M. Baugh. Patricia is an athletic trainer a Mission San Jose High School in Fremont, CA and was extremely instrumental in the development of their concussion management protocol.

Our 2016 winter quarter Excellence in Athletic Training award winner is **Jill Wosmek ATC**. Jill is the Head Athletic Trainer for the USA Women's National Volleyball Team and was nominated by the Director of Sports Medicine and Performance, Aaron Brock. Wosmek's comprehensive skills and approach, along with her passion and dedication to the Athletic Training profession made her an excellent candidate for FWATA's **Excellence in Athletic Training Award**.



Want to spotlight an **Excellent Athletic Trainer** you work with, mentor or admire? Just visit the FWATA website and submit your nomination.

Our social media team has started a new monthly initiative "**Meet District 8**". We would like to highlight members of the district each month to share and recognize all their contributions to District 8.



#### **FWATA PR Committee in Kona**

The Public Relations Committee is presenting at the Annual Meeting in Kona. Please join us Thursday July 14<sup>th</sup> 10:30am-11:30am for the Special Topic "Understanding Public Relations".

Looking to stay current with everything going on in the District? Or want tell us what you are doing to promote the profession? Make sure you add <a href="mailto:contact@fwatad8.org">contact@fwatad8.org</a> to your contact list to review our monthly e-mail campaigns. If you ever have any questions, suggestions or information to share please CONTACT US on our website. There is so much more happening within the District and Nationally! Stay up to date in District 8.

#### **Chronic Traumatic Encephalopathy**

**Dr. Bennet Omalu**, the first doctor to discover and identify chronic brain damage as a major factor in the deaths in the NFL sat down with Stone Phillips, former anchor on *Dateline NBC*, and former college football quarterback on February 4 in San Francisco at City Arts & Lectures. Dr. Omalu spoke passionately about his life, his experiences and the road he traveled to identify and name Chronic Traumatic Encephalopathy (CTE). Dr. Omalu shared how he used his MBA degree and knowledge to come up with this name. "It needed to be widely accepted and recognized and it also helps if there is an acronym that easily rolls off the tongue." said Dr. Omalu. To read more about this story visit **fwatad8.org**.



Picture from left to right: Chris Ludwig, EdD, ATC, Jeff Roberts, MS, ATC, FMSC, CES, PES, Students Edgar Munoz, Courtney Ochs and Nicole Maduri, Brandon Padilla, MS, ATC and Jamie DeRollo, MBA, ATC, EMT











**FWATA P10** 



# **NATM 2016**

www.NATA.org

**SOCIAL MEDIA BLAST** 

NATA PR

**SOCIAL MEDIA** 

CONTEST CONTEST

# **National Athletic Training Month** A Safer Approach to Work, Life and Sport

District 8: California, Nevada, Hawaii, Guam and America Samoa are all participating in the 2016 NATM! Want to be part of the action?

#### The NATA annual NATM contest

Here are the categories:

- □ Best State Association Effort
- ☐ Best Student Effort
- ☐ Best Athletic Trainer Effort group (7 or more ATs)
- ☐ Best Athletic Trainer Effort individual/small team (6 or fewer ATs)
- □ Best Overall Campaign

If you are involved in a NATM event please enter the contest. If you have any questions and would like help from your local state or district members please Contact Us at **FWATA.org**.

Our new NATM video will be played at MBB Conference tournaments. Keep an eye out if you're working or enjoying March Madness. You can access this video on FWATA's YouTube.

FWATA encourages ALL ATS's and ATs to get involved this NATM. District 8 is having a **Social Media Meme contest** during the entire month of March. We want to see your funniest, most ironic AT Memes to celebrate NATM! Create memes that poke fun at all the "typical" activities, habits, or behaviors of an athletic trainer and post them to any of the three social media platforms: Twitter, Instagram, or Facebook. Make sure you tag your entry with the following so we receive your submission:

Twitter or Instagram: #NATM2016 @FWATAD8 Facebook: #NATM2016 @Far West Athletic Trainers' Association

Once all entries have been collected, we will choose a 1st, 2nd, and 3rd place winner. All winners will receive a prize.

For more details head over the NATM page on the **FWATA** website.

# Connect with FWATA!









# **Committee on Practice Advancement**

Steve McCauley, LAT, ATC, CSCS

COPA committee announces that Steve McCauley has been named

as chairperson for District 8. Steve is currently head of health services for Wynn Las Vegas and president of Athletic HealthCare inc. Please contact him at athletichealthcareinc@hotmail.com or steve. mccauley@wynnlasvegas.com.



## **History & Archives Committee**

Isabel Archuleta, MS, ATC

Take a look at the changes on the History and Archives webpage! See the interview of Lew Crowl and historical documents of our district.











**FWATA P11** 



# Far West Student Leadership

Brooke Petefish

It's that time of year again where the Far West Student Leadership Committee (FWSLC) is looking for students to apply to become part of our committee! The FWSLC is looking to give students

the opportunity to become and enhance themselves as leaders, network within the athletic training profession, work together with others towards common goals, and take away experiences that they can only get with being part of the FWSLC. Not only do you take away a lot for yourself when you are part of our committee, you get to participate in a variety of volunteer and social activities. For example, this year alone the FWSLC held a district wide blanket drive for all programs to donate blankets to a charity of their choice. Next, we are going to be holding a district wide event during National Athletic Training Month where we are asking all Athletic Training Education Programs to dedicate two weeks to promoting our profession and two weeks to volunteer efforts.

As for the committees that make up the FWSLC, a brief description of what the committees are is as follows. We have three sub-committees which are the Nominations Sub-Committee, Annual Meeting Sub-Committee, and the Student Outreach Sub-Committee. The Nominations Sub-Committee is in charge of notifying students when there are vacancies in the committee as well as taking and looking at future applicants who apply to the FWSLC. The Annual Meeting Sub-Committee plans the Student Leadership Breakfast that occurs during FWATA and will be involved in selecting speakers for the student sessions for the FWATA. The Student Outreach Sub-Committee does all public relations and gets more student involvement for the FWSLC.

On our **committee page**, you will find two links. One link on our site contains our application that is to be filled out by all students interested and it entails everything that is to be submitted. Another link will have our brochure that provides more details about our committee, our sub-committees, and the roles we have.

All applications should be completed by the students interested and emailed to the FWSLC Chair, **Brooke Petefish**, at by Tuesday, March 15 with the subject

"Nominations". Aside from information being accessible on the FWATA **committee website**, we also have a Facebook page "Far West Athletic Training" that will have weekly posts leading up to our application deadline.



#### **Research & Grants**

Michelle Cleary, ATC

The FWATA Research & Grants Committee welcomes abstracts for the awards competition for the **Free Communications Program**. During the FWATA Annual Meeting, presentations from both the Peer-Reviewed and Student Exchange Tracks will be judged and selected winners will

receive awards ranging from \$100 to \$300. **Abstracts are due April 5 this year**. Click the committee link below for additional information. The FWATA Research and Grants Committee also welcomes applications to the **Research Grants Program** for awards up to \$3,000 each year (although award amounts vary annually and additional funding may be available). **Proposals are due April 5 this year.** 

More information and applications are found **HERE**.



Click on button above for general information, resources and links for D8 Members.











**FWATA P12** 



# Governmental Affairs Update

Lauren Forsyth, ATC

#### Nevada

The Nevada Governmental Affairs Committee is working on legislation related to universal athletic training service for all high schools in Nevada. Their next session begins in January 2017.

#### California

The CATA Governmental Affairs Committee is committed to achieving licensure for the athletic training profession. The focus of the committee has been, and continues to be, incorporating an appropriate athletic training licensure statute into California state law that will protect the public as well as provide some much needed regulation of the profession. The committee has been hard at work on this initiative for years, and this summer and winter has been no exception. We have continued to develop new knowledge, support and alliances. Although the path to achieving this goal isn't necessarily a straight one, we continue to advance other legislation that will enhance safety of the citizens of California and continue to keep ATs at the forefront of athlete related legislation. We have had ups and downs through the process, but continue to gain momentum and allies along the way. A large part of our success and visibility in Sacramento has been the amazing support of the membership. This has been evidenced by the thousands of letters that we send to the capitol for each hearing and vote, the numbers of athletic trainers developing relationships with their legislators and the large numbers of members and students that attend Hit the Hill Day each February. Thank you for your continued involvement and support.



NATM 2016 www.NATA.org

SOCIAL MEDIA
BLAST

NATA PR CONTEST SOCIAL MEDIA
CONTEST



## College/University Athletic Trainers

Jamie DeRollo, MBA, ATC, EMT

The National CUATC Committee has been hard at work for you on the following Projects: (1) Transition to practice workgroup is a system driven approach to help employees/employers build a

system that is setting specific. This will help AT's be "ready" for the working world. (2) The Appropriate Health Care Summit will be co-sponsored by NATA & NCAA and will take place in the fall and are considering Dallas or Indianapolis for the site. This summit will define what health care in the athletic setting should look like and produce inter-association best practices recommendation. (3) Liability / Risk Management update- best practices will change wording to Best Practices. It is a tool to help AT's and institutions assess and mitigate risk in their setting. (4) Currently working on a documentation workgroup with the Governmental Affairs Committee to figure out what needs to be documented, content included in the documentation as well as identifying the barriers. We are also looking at how technology will/can influence such as mobile devices and texting, etc. (5) We are working on a BOC Facility Best Practices to help assist Department of Athletics/Administration, so there is a resource on what is considered as appropriate for providing care, education and rehabilitation. (6) The Junior College/ Community College Subcommittee is currently voting on a managing board to address the needs, vision and goals of the JC/CC Subcommittee. Managing Board will be announced at the beginning of March. (7) We are in the beginning phase of forming a sub-committee for Intermural/Recreational Club Sports.

Your FWATA CUATC group welcomes your feedback for pertinent issues at our level that need to be addressed and that we can present to the National Committee. If you did not receive the CUAT E-Blast or if you are not receiving regular informational emails, please contact your divisional rep listed on the FWATA web page or feel free to **email** me, Jamie DeRollo, your CUATC District 8 Chair.











**FWATA P13** 



# Ethnic Diversity Advistory Committee Mimi Nakajima, EdD, ATC

The NATA Ethnic Diversity Advisory Committee (EDAC) is getting ready for the Annual Meeting in June that is taking place in Baltimore. We're excited for the many activities we have planned and encourage

anyone interested to join us at any of these activities put on by the committee:

- The EDAC will not be hosting our annual service project, but will be participating in Capitol Hill Day on June 22<sup>nd</sup>. We hope that you would join our friends and colleagues on this important event.
- Career Day will be hosted by EDAC for our high school and college athletic training students. It will be an excellent opportunity to learn how to create connections, listen to how wonderful stories of how people succeeded in their paths, and much more!
- The EDAC Town Hall meeting will take place on Friday, June 24<sup>th</sup>.
- Educational session will take place Saturday, June 25.

Be sure to check the Convention Program for additional and updated information on these activities.

We are always looking for recommendations for nominations of Athletic Training awards at the local, district and national levels. These include two EDAC scholarships and the Bill Chisolm Award.

I encourage everyone to apply for any and all of the following programs:

- 1. EDAC Diversity Grants- These can also be used towards the iLead program for AT students.
- 2. Mentoring- EDAC has set up a database for students and YP to find mentors in their area. Please use this tool to encourage membership to seek out mentors especially for leadership and committee work. The database can be found on the NATA website.

EDAC is available to all the membership, of every background. We invite everyone to our events. Also, we want to know of any events you are hosting on the topic of ethnic diversity or if you have an ethnically diverse speaker. Please **email** the information to me.

Please visit the **NATA website** to see all of the things that the committee is doing. Please follow us on Facebook and Twitter!



# Young Professionals Committee

Heather Harvey, MA, ATC

Hello Young Professionals! I would like to congratulate and welcome Kara Radzak (pictured below) as the incoming chair for District 8's Young Professionals' Committee.

Kara is an outstanding leader and will do a wonderful job both representing and serving you. We are very much looking forward to seeing all of you this July in Kona for our annual convention. Our session this year will be geared toward a successful

transition from being a student to a

young professional. Mahalo!





#### **Secondary Schools** Stacey Ritter, MS, ATC

Reminder that the **Secondary School Case Studies Workbook**can be found on the SS setting page of the **NATA website**.

The Athletic Training Location and Services (ATLAS) project is

live, and needs your help! Link **HERE**, click on your state to see if your high school is identified correctly. If not, you can add your correct information from the same site. This is a first-of-its-kind tool to view the most current status of AT services in the secondary school setting nationwide.

Spring is a great time to assess your value, worth, impact and needs for the upcoming school year. The **Secondary School Value Model**, released last June, is the perfect tool to assist you. Find it **HERE**.

Did you know that the **NATA SSATC** has a **LinkedIn** page? Now you do! **Join the group** and connect with other SSATs across the country.

There is a supplemental tool to assist SSATs with understanding what their **AT student aides** can participate in, please be sure to check out the **Q & A**.











**FWATA P14** 





Jason Bennett, DA, ATC California D8 Representative

The CATA has organized downloadable kits to assist members in planning for National Athletic Training Month in March. Our goal is to maximize our message to target audiences of media, legislators, administrators, school board members, principals,

and other decision-makers that may not understand the value of a certified athletic trainer. The first downloadable kit is an "Event-in-a-Box". The Eventin-a-box will provide you with all of the necessary resources to easily and confidently put together a facility or campus tour, from start to finish, for VIPs in your area during NATM in the month of March. All you need to do is identify who you'd like to host! The second downloadable kit is our "Publicity-in-a-Box" which will arm ATs with PR tools for use during National Athletic Training Month to help educate people on the industry and the role of certified athletic trainers. Both kits are available on our CATA webpage under the Members tab (ca-at.org). We hope these toolkits enable members to maximize your PR imprint and to disseminate your message about the important and value of certified athletic trainers.





Mark D'Anza, MS, LAT, ATC
Nevada D8 Representative
The Nevada Athletic Trainers'
Association will be holding it's
annual meeting and clinical
symposium on Friday, October 28,
2016. CEU and other information
will be made available as the
program is finalized. For more
information, please email us.

The passing of Assembly Bill 158 makes amendments to existing laws regarding auto injectable Epinephrine. These amendments directly impact Nevada Athletic Trainer's in that they expanded who could provide a written order, expanded the authorizing entity from public and private schools to also include public and private entities in which allergens are capable of causing anaphylaxis – such as recreation programs, stadiums,

restaurants and sports leagues—and expanded the language on who is authorized to administer and keep the devise. In this section "Athletic Trainer" is specifically stated as a person who is trained to recognize the symptoms of anaphylaxis and administer auto injectable epinephrine.

# HATA TRAINERS' ASSOCIATION



Louise Inafuku, ATC, RD Hawai'i D8 Representative

Aloha from Hawaii!
Since the FWATA Annual Meeting will be held in Kona this year, we will not be hosting the HATA Symposium. In order to ensure we have enough monies to support our annual scholarships HATA will be hosting a **Silent Auction** at the

FWATA Annual Meeting. Come by and bid on items like Kona coffee and Hawaii made jewerly as well as other appealing items!! If you would like to donate an item please contact either myself **Louise Inafuku** or **Zeny Galo-Eakins**. Mahalo in advance for your generous contributions. While we are on the subject, I would like to announce that HATA will be sponsoring a FWATA Scholarship entitled **HATA Scholarship**. This scholarship will be given to a Graduate student either from Hawaii or registered in a program in Hawaii.

Have you ever thought about a leadership position or wanted to improve on those skill sets? Transformational leaders adapt to change and are able to overcome obstacles with vision and well thought out planning. These leaders are best suited to facilitate organizational change because they can transform attitudes, values and behaviors by communicating a shared vision. The Hawaii Athletic Trainers' Association State Leadership Committee, in collaboration with FWATA and the NATA EDAC committee, will provide a venue in which to help members become stronger, more engaged leaders. Attendees will be able to identify challenging situations as growth opportunities, to define characteristics of leadership, and to apply such characteristics to growth opportunities in their professional lives. This session will take place during FWATA on Wed, July 13th from 1:30 - 3:30pm (room TBA). Please contact **Rebecca Romine** for more information.

Mahalo Nui Loa and I look forward to seeing you all in Kona!