Spring 2018 eNewsletter

District Director’s Message
Carolyn Peters MA, ATC, CSCS

Happy spring and Happy National AT Month, FWATA Members!

It is a bitter sweet time for me as I finish out the next few months as your Director. This has truly been the most amazing experience and I thank you for having the confidence in me to serve. I know the knowledge and friendships I’ve gained will be lifelong and further allow me to assist District 8 into the future. I am excited for Lyn to start her journey in June! She has so much to offer and will continue to make an impact on the NATA BOD and FWATA! Fear not though, I have not been overcome by senioritis yet.

A few updates:

- NATA has approved the formation of the LGBTQ+ Committee. FWATA has not formed a district committee at this time so our representatives to the NATA committee are Mimi Nakajima and Sean Rogers. GLATA (Great Lakes Athletic Training Association) is in discussion with their members on potentially splitting District 4 into two districts where the new creation would be referred to as District 11. As you can imagine there are many moving parts to this decision at the state, district and national level. No decision has been made and you will be informed as steps are taken in that direction if at all. Lyn, President Sailor, Ky Kugler and I were a part of the 72 members who met with 58 senators and 66 representatives during NATA Capitol Hill Day earlier this month.
- The position of FWATA District Treasurer is up for election. This is a 2 year term, beginning at the NATA Annual Meeting in New Orleans this June. To be eligible, you must be a Certified Athletic Trainer in good standing and must have previously served as a State or District officer, or a Chairperson of a state, district, or national committee for a period of not less than two years and have been served within the previous ten years. Interested members should submit their platforms and resumes to Lyn Nakagawa (lynhn@hawaii.edu) by April 14, 2018. Please do not hesitate to contact Lyn with any questions.
- The FWATA managing board is proposing a District 8 Constitution change to the term of District Treasurer. In evaluating other district officers and FWATA historically, it was determined that a third term would benefit the treasurer’s role regarding book keeping, taxes, and payables. This will be brought up for vote at the membership meeting held in Las Vegas during the 2018 Symposium. We would like all attending certified members (retired and active) to participate.

- 4.1.3 The term of office for District Treasurer shall be for two (2) years, with no more than two (2) consecutive terms. Proposed Change: The term of office for District Treasurer shall be for two (2) years, with no more than three (3) consecutive terms.

I would like to thank Maddie Madewell for her contributions as the FWATA Student Leadership Committee (SLC) Chair. We know her experience in leadership will now guide her through her next chapter. Welcome Celine Estrada as your incoming SLC chair. I look forward to continuing our mentorship of young leaders in the board room as this position provides valuable input to the officers of FWATA. Huge thanks to Hazel Ando for her tireless commitment as chair of the Honors and Awards Committee. Junior Domingo has been chosen to steer this committee forward and we look forward to his direction. The History and Archives Committee
under the leadership of Sarah Lyons have been working on creating a new Hall of Fame project and booth. Lyn and I are still working on a replacement for Jamie DeRollo as CUATC Chair. Jamie will remain on the committee as a NATA Intercollegiate Council of Sports Medicine (ICSM) representative and thank you Jamie for your selfless volunteerism. FWATA will continue to support a CUATC where representatives to the ICSM work with other FWATA CUATC members. The chair of the FWATA CUATC does not have to be selected to the ICSM.

I look forward to seeing everyone in Las Vegas as we celebrate, network and push our profession forward!

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From the District Secretary
Lyn Nakagawa MS, ATC, CSCS

Aloha FWATA Members! Currently, we have 3,123 District 8 members (AS- 1; CA- 2,688; GU- 3; HI- 211; NV 220). This is about 100 more members than we had at this point last year! However, it is slightly less than the members we had last fall because effective February 15th, members who have not fully paid for or renewed their membership were suspended. This means that all member benefits have ceased, including but not limited to reduced NATA and District conference registrations, membership communications, and subscriptions to the Journal of Athletic Training and NATA News. Just a reminder, paying your NATA membership dues also includes your district and state dues. For those that have renewed your membership, thank you for your continued support of the NATA and FWATA! Don't forget to take advantage of the many benefits of your membership including the 10 free CEU credits that can be used in the Professional Development Center (formally the NATA quiz center) which includes EBPs or for discounted registration for the upcoming FWATA Annual Meeting.

On another note, I am sure everyone has heard about the importance of having and NPI (National Provider Identifier) number. However, do you know only about 35% of athletic trainers have one? If you still do not have your NPI number, it is very easy to register for one. Simply go to the CMS National Plan and Provider Enumeration System website (https://nppes.cms.hhs.gov/NPPES/Welcome.do.). Once you receive your NPI number, or if you already have one, please update your NATA member profile to indicate you do have an NPI. I think many athletic trainers have had their NPI for years, but have never updated their profile indicating that they actually do have an NPI. Unsure if you have reported it? Check your member on the NATA website by logging into your account then click on "Update your Member Information" under Quick Links at the bottom of the page. If you have any questions, please do not hesitate to contact me (mailto:lynhn@hawaii.edu). I look forward to seeing everyone soon in Las Vegas and New Orleans!

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Annual Meeting Committee
Ruem Malasarn MA, ATC

2018 Annual Meeting & Clinical Symposium
(Ahttp://www.fwatad8.org/committees/annual-meeting/)
April 26-29, 2018
Westgate Las Vegas Resort & Casino

Take advantage of the advance registration fee! Register by March 31, 2018. Late registration fee applies from April 1, 2018. 17 CEUs total (11 Category A CEUs and 6 EBP CEUs) will be offered for the 2018 Annual Meeting & Clinical Symposium. Remember that you must sign up for each EBP session that you plan to attend when you register.

6 EBP CEUs with FWATA registration. No additional cost!

Featured Speakers:
Dr. Benjamin Rubin, MD, MS
Dr. Steve Ferdig, PT, DPT, OCS, CNP
Dr. Scott Cheatham, PhD, DPT, OCS, ATC
Dr. Robert Keneck, PhD, FACSM


FWATA Scholarship Golf Tournament Player Registration is open (http://www.cvent.com/d/1tqrc2):
April 26, 2018 1p Shot Gun Start
Desert Pines Golf Club
3415 East Bonanza Blvd
Cost: $125 Include green/cart fees practice balls, box lunch and a pasta bat at post-tournament awards get together
NEW: Registrants have the option to register and pay for golf with conference registration. Please contact the Golf Tournament Coordinator, Dennis Goebel at dennisg@cos.edu, should you have any questions.

Additional Hotel Room Reservation notice: There are multiple large events occurring at the Westgate during the week of FWATA, book your rooms early (https://book.passkey.com/event/49318105/owner/3453/home) before space runs out!

NATA Workshop, Thursday, April 26, 2018 from 1p-530p
*Pre-registration is required Additional 4 Category A CEU's
Preventing Knee Injuries and Optimizing Long-Term Joint Health
Presented by Cris Stickley, PhD, ATC, CSCS
Honor & Awards Committee

Hazel Ando MS, ATC

Announcing the 2018 FWATA Honors and Awards Awardees!

2018 Hall of Fame Inductee
Michael Chisar, MPT, ATC

Honors & Awards Committee

Hazel Ando MS, ATC

Education: California State University, Fullerton- BS in Physical Education and Hahnemann University MPT

Career: Diablo Valley College- Assistant Professor, (2005-present); Diablo Valley College-Chair, Curriculum Committee (2013-present); Diablo Valley College Club Lacrosse Team- Head Athletic Trainer (2009-2013); University of California Ice Hockey Team- Head Athletic Trainer/Physical Therapist (2003-2012); San Francisco Dragons Professional Lacrosse Team-Head Athletic Trainer/Physical Therapist (2006-2008); Diablo Valley College-Head Athletic Trainer/Physical Therapist (1995-2001); Diablo Valley College- Assistant Athletic Trainer/Physical Therapist (1994-95 and 2001-2005); Mt. Diablo Medical Center- Staff and Per Diem Physical Therapist (1994-95); John Muir Medical Center-Per Diem Physical Therapist (1994-97); St. Mary's College of California-Assistant Athletic Trainer (1989-92)

Honors & Awards: NATA Most Distinguished Athletic Trainer (2013); FWATA Most Distinguished Athletic Trainer, (2013); CATA State Recognition Award (2013); NATA Athletic Trainer Service Award (2011); FWATA DB Special Recognition Award (2011); California Community College Athletic Trainers' Association Athletic Trainer of the Year (2011); CATA Special Service Award (2008); Diablo Valley College President's Exemplary Service Award for Adjunct Faculty (2004); NATA Robert H. Gunn Memorial Scholarship (1988).

Endorsement:
Fran Babich, MS, ATC, Butte Community College and NATA Hall of Fame states “Mike helped establish an environment of ownership and professionalism. He led with a style that was collegial and transparent.” Cindy Chang, MD, FACSM, UCSF notes “Mike led the revamping of the NATA legislative grant process to include more involvement of the committee, and established annual legislative presentations at the NATA Annual Meeting.”

Scott Sailor, PhD, ATC, NATA President states “Many states benefited from Mike's leadership as they addressed legislative challenges in their states.”

2018 FWATA Special Recognition Awardees

Jamie Adams MED, ATC, CES

Cuyamaca College, Head Athletic Trainer, San Diego, CA

Volunteer Service: FWATA Public Relations Committee, CATA Public Relations Committee Chair and past FWATA Young Professionals Committee Chair

Endorsement: Heather Harvey MA, ATC, AB Miller High School, Athletic Trainer, notes: “Volunteering under her tutelage helped me to shape my idea of what a leader should be within our district. Her enthusiasm for the profession and for our member demographic was contagious.” Jamie DeRollo MBA, ATC, Modesto Junior College, Head Athletic Trainer, notes: “I believe Jamie is the epitome of what we should have all of our young professionals strive to be.”
Public Relations

Katie Risso MAT, ATC, CKTP

Our 2017 Winter Quarter Excellence in Athletic Training award winner is Jessika Hunt MEd, ATC, NASM-CES (http://www.fwatad8.org/jessika-hunt-receives-excellence-in-athletic-training-award/). Hunt currently works at UC Riverside and was quoted as saying, “In this field, there are days that are a grind, and then there are days like today that renew your energy. This is a huge honor, and I am not sure what to say. I came from a very strong undergraduate program at ECU which instilled in me the work ethic and passion I have for this profession. I have carried that with me throughout my career, and am truly humbled that my efforts are recognized by this award.” Please join us in congratulating Jessika on winning the Excellence in Athletic Training Award!

Want to spotlight an Excellent Athletic Trainer you work with, mentor or admire? Just visit the FWATA website and submit your nomination (http://www.fwatad8.org/excellence-in-athletic-training-einat/).

District B: California, Nevada, Hawaii, Guam and Americ Samoa are all participating in NATM 2018! FWATA encourages ALL ATS's and ATs to get involved this NATM. Make sure you tag your entry with the following so we receive your submission:

Twitter or Instagram: #NATM2018 @FWATAD8

Facebook: #NATM2018 @Far West Athletic Trainers’ Association

Express Your Pride and Appreciation

Want to celebrate athletic trainers in March or show someone else how to? Visit the NATA AT Shoutout page for more information: https://www.nata.org/at-shoutout. You can also show your pride by changing your social media profile picture with an overlay of the “I Am An Athletic Trainer” image – click here for instructions and samples (http://www.fwatad8.org/committees/public-relations-committee/natm).

Resources

Calendars, logos, sample press releases, and a Stylebook with ideas and tips are all available on the FWATA website here (https://www.nata.org/advocacy/public-relations/national-athletic-training-month). Make sure you are using these in your NATM efforts to be eligible to enter into the NATA PR Contest at the end of March. Any questions can be directed to contact@fwatad8.org (mailto:contact@fwatad8.org).

Social Media Contest

NATM 2018 starts soon, so make sure you are posting your efforts on social media! You could win a $150 Amazon gift card. Find out more here (https://www.nata.org/advocacy/public-relations/national-athletic-training-month).
Greetings!

The scholarship committee worked diligently this past year, not only did we add committee members Elizabeth Pateta, MS, ATC and Brenda Valdez Nava, ATC, we also came up with our very own FWATA scholarship application. [http://www.fwatad8.org/wp-content/uploads/2017/12/FINAL_FWATA-Scholarship-Application-2017-2018.pdf](http://www.fwatad8.org/wp-content/uploads/2017/12/FINAL_FWATA-Scholarship-Application-2017-2018.pdf) The revamped application was posted on our webpage [http://www.fwatad8.org/committees/scholarships-committee/](http://www.fwatad8.org/committees/scholarships-committee/) last year, and we received 21 applicants just prior to the extended deadline. Our goal is to increase the application pool in the coming years under the new guidelines. We are definitely excited where our profession is headed and very much look forward to seeing everyone in Las Vegas.

Committee on Practice Advancement
Steve McCauley MHS, LAT, ATC, CSCS

No Update [https://wp.me/P41Lq1-5v](https://wp.me/P41Lq1-5v).

History & Archives Committee
Sarah Lyons MS, ATC, PES

We are looking forward to showing off our new Hall of Fame booth at the 2018 FWATA Annual Meeting and Clinical Symposium. If you currently have any antique athletic training memorabilia (modality units, athletic training medical bags, books etc.) please contact the History and Archives Committee. (mailto:sarahlyons115@gmail.com)

Student Leadership Committee
Madison Madewell ATS

Running with the NATM theme of "Compassionate Care for All", the Student Leadership Committee is focused on outreach for the month of March. By taking the time to go out into our communities to serve, we hope to spread awareness of the athletic training profession through our compassionate example. What are you doing this month to reflect on "Compassionate Care for All"? We want to know and would love to boast about you. Send any pictures and stories our way so we can share your great work in our outreach mission together! Contact us via email at fwatsc8@gmail.com (mailto:fwatsc8@gmail.com) or Instagram at fwslc8

Happy NATM from the Far West Student Leadership Committee. See you at FWATA!

Research Grants Committee
Michelle Cleary ATC


College and University Athletic Trainers Committee
Jamie DeRollo MBA, ATC, EMT
Your CUAT is hard at work for you! At the end of January there were over 30 people at the Joint Committee Meeting that represent various colleges and universities. One of the biggest initiatives from that meeting is the ICSM Summit/Conference (June 25-26) is a pre-conference. There will be minimal cost and we are working on logistics for registering for the preconference when you register for the NATA Symposium. There are several great speakers and topics that directly affect the College and University AT and their student-athletes. If you are going to New Orleans and a College AT, you should attend!

Here are several updates:

- There is a great pool of nominations for awards. We will announce the winners at the NATA Symposium.
- If you have social media-Follow us on Twitter @NATA_ICS (https://twitter.com/nata_icsm); Connect with us on Facebook and LinkedIn
- The 2 year Colleges are working on becoming organized. If there are any 2 year ATs please reach out to either Anna Taylor for NWAC, Alison Aubert CCCATA or Kyle Roepnack for NJCAA. Also there will be a meeting at NATA for 2 year institutions.
- The Club/Rec and IM AT initiative is still slow to start -be on the lookout for a meeting at NATA.
- There are documents that will be available for the membership: Unchallengeable Authority document and Transition to Practice document

We have several action items that are in the works:

- Leadership Workgroup
- Medical Standard Workgroup
- Conference Medical Group
- Sexual Violence Task Force
- Mental Health Workgroup
- Appropriate contact with Minors Work-group
- 10 for 10 will have continuous review and new topics added

Your FWATA CUAT welcomes your feedback for pertinent issues at our level that need to be addressed and that we can present to the National Committee. If you did not receive the ICSM E-Blast (http://multibriefs.com/briefs/NATA-CU/index.php) or if you are not receiving regular informational emails, please contact your divisional rep listed on the FWATA web page or feel free to email Jamie DeRollo, your CUAT District 8 Chair.

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**Ethnic Diversity Advisory Committee**

**Maijah Williams LAT, ATC**

The Ethnic Diversity Advisory Committee (EDAC) is looking for wonderful athletic trainers like yourself in various work settings to mentor young student and certified athletic trainers. Are you filled with knowledge, life and/or work experience and have a desire to give back to the athletic training community? Well, we would love to have you as a part of our mentor database. Please email Chris Litt (clitt@ucdavis.edu) if interested in becoming a mentor so we can connect you with a mentee in your area.

Also, EDAC will be hosting our second annual FWATA service event with Be The Match setting up a bone marrow recruitment station near the registration area on April 27 and April 28, 2018. The goal of this service event is to add more potential donors to the national registry. Every year 14,000 patients with blood cancer need a marrow transplant to live and when there is no possible donor in the family, they turn to Be The Match. So, feel free to stop by the Be The Match station at this year's annual meeting and become a potential donor. If you have any questions feel free to email Maijah Williams (will1410@unlv.nevada.edu) or Ashley Collier (acollier@nmdp.org).

As always EDAC is looking for more potential members. If interested, please email Maijah Williams (will1410@unlv.nevada.edu) so you can get involved. We would love to have you.

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**Young Professionals Committee**

**Kara Radzak Ph.D., ATC**

*Educational sessions created with Young Professionals' interests in mind*

This year the Young Professionals’ Committee is pleased to welcome Jenny Moshak to speak at FWATA. We are honored to have such a strong advocate for inclusion in athletics and athletic training presenting on “Gender Equity and LGBTQ+ Issues in Athletic Training” on Friday (4/27) at 9:30 AM.

The NATA Young Professionals’ Committee is sponsoring multiple events at the annual meeting in New Orleans. When you register, be sure to look for the Young Professionals’ Career Workshop. This year’s education session is entitled, “CYAs of Working Per Diem,” and will cover the potential obstacles that ATs enter when working per diem opportunities.

Just a reminder, the Young Professionals’ demographic no longer has anything to do with age! All ATs within their first 12 years of certification are considered YPs!

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**Secondary Schools Committee**
The ATLAS Project, in conjunction with the Korey Stringer Institute at UCONN is 100% mapped nationwide! The FWATA SSATC wants to thank everyone who assisted us to getting all schools properly distinguished in District 8.

NOW- the next step continues... as a reminder, the ATLAS Project questionnaire should be updated annually to help gather the most current data. Please take 5 minutes to complete the survey for the 2017-2018 school year.

If you have any questions please contact robert.huggins@uconn.edu.

The NATA SSATC has released new resources to assist the secondary school athletic trainer. New resources include Best Practice Guidelines for Athletic Training Documentation, a resource now available to all NATA members. Other great resources to assist in furthering your professional practice are:

- Guidelines for Developing a Team Physician Services Agreement in the Secondary School
- Secondary School Sports Medicine Course Outline

Check out the NATA website for more great resources!

Follow the @NATA_SSATC on Social Media. We are on Facebook, Twitter, and Instagram (@ssatc.nata).

Governmental Affairs Committee
Jason McCamey, ATC

As the FWATA Governmental Affairs Chair, I would like to issue a personal thank you to all who have been diligently working on legislative issues for the betterment of our profession. Here is a quick snapshot of what is being done in our district.

California just completed it's most successful legislative Hit the Hill day ever! They are lobbying AB3110, plus an athlete safety bill AED Bill AB2009. Here are the highlights of the February 26, 2018 campaign.

- 96 certified ATs
- 95 Students
- 191 total participants.
- 100 scheduled meetings with legislators
- 12 impromptu drop-ins that turned into meetings
- 112 total meetings(out of 117 total legislators in CA (3 vacancies))
- 96% of the CA legislature was given info on both bills in person!

Hawaii just completed a hearing in an effort to have the AT registration act Sunset for 2018 repealed. H.B. 2062 was heard on February 6, 2018 by Chair Takashi Ohno and Members of the House Committee on Intrastate Commerce. Hawaii state GAC chair Darryl Funai testified for the members of the Hawaii Athletic Trainers Association (HATA) in strong support of H.B. 2062. So far the response seems positive and we are all optimistic that HR2062 will pass and the registration act will be reenacted.

Nevada has no pressing legislative concerns at this time!

*Please direct any legislative concerns, issues, or questions to your state representatives or to me personally.

California GAC Chair – Mike Chisar
Hawaii GAC Chair – Darryl Funai
Nevada GAC Chair – Steve McCauley
FWATA GAC Chair – Jason McCamey

California Update
Jason Bennett DA, ATC | CATA President

No Update.
Hawaii Update
Garvin Tsuji, MS, ATC | HATA President

Aloha from the Islands!

The Hawaii Athletic Trainers’ Association (HATA) has been busy with planning for the Sunset Analysis during this legislative session. In addition to receiving a positive report from the state auditor, there is also a bill making its way through the legislature to make the regulation of Athletic Training permanent.

Congratulations to Darryl Funai of Punahou School for receiving the NATA Service Award. He has been our Governmental Affairs Chair and has been instrumental in the regulation of athletic trainers in Hawaii.

National Athletic Training Month is here and we have a full schedule of events planned. HATA’s public relations committee is holding a social media challenge of posting pictures wearing HATA/FWATA/NATA apparel. The Oahu Interscholastic Association Athletic Trainers are hosting a 6.8 mile relay at Kapiolani Park to honor the 68th anniversary of the NATA on March 18th. HATA’s annual UH baseball game get together is scheduled for March 25th in the KRS lab.

The HATA Symposium will be on June 1-2 at McKinley High School in Honolulu. Topics to be covered are: Heat Illness, Mental Health Issues, Holistic Approaches in Sports Medicine and Blood Flow Restriction Therapy. There will be 6.5 Category A CEU’s and 3.5 EBP’s available for attendees.

Please visit our new website (http://www.hawaiiata.org) at www.hawaiiata.org and join our mailing list, while following us on Facebook, Instagram @hata_d8 and Twitter (https://twitter.com/hata_d8?) @hata_d8. A big mahalo to Liana Finer, Kailua HS, as our website made a seamless transition under her guidance.

Garvin Tsuji, MS, ATC
HATA District Representative
hatad8rep@gmail.com (mailto:hatad8rep@gmail.com)

Nevada Update
Mark D’Anza ATC | NEVATA President

No Update (http://nevata.org/).

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This enewsletter is published twice a year by the Far West Athletic Trainers' Association for its members. Information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary, Lyn Nakagawa, MS, ATC, CSCS at 808.956.7144 secretary@fwatad8.org (mailto:secretary@fwatad8.org).

Newsletter Archives (http://www.newsletter.fwatad8.org/newsletter-archives/)
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