

FWATA Preliminary Educational Program 2019 (as of 12/16/2018)

Gatorade Pre-Conference EBP Workshop (BOC Approved – 3 EBP CEUs)

- Thursday, April 25, 2019 from 2:30-5:30pm

- Pre-Registration is required

- Limited to 120 Certified ATs

- \$60 registration fee

- **Hydration: One Size Does Not Fit All (3 EBP CEUs)**

William Adams, PhD, LAT, ATC

Douglas Casa, PhD, ATC, FNAK, FACSM, FNATA

Stavros Kavouras, PhD

FWATA Pre-Conference EBP Learning Lab (BOC Approved - 3 EBP CEUs)

- Thursday, April 25, 2019 from 6:30-9:30pm

- Pre-Registration is required

- Limited to 50 Certified ATs

- \$60 registration fee

- **Understanding the Standard of Care for Sports Concussion (3 EBP CEUs)**

Thomas W. Kaminski, PhD, ATC, FNATA, FACSM, RFSA

BOC Approved Evidence Based Practice

- Pre-Registration is required; no additional fee

- Registration is limited

- Certified ATs

- **Managing Post-Exercise Inflammation: From Ibuprofen to Cherries (1 EBP CEUs)**

Sponsored by Gatorade

Leslie J. Bonci, MPH, RD, CSSD, LDN

- **Implementing NATA Position Statement Recommendations for Ankle Sprain Rehabilitation: An Evidenced-Based Approach (1 EBP CEUs)**

Thomas W. Kaminski, PhD, ATC, FNATA, FACSM, RFSA

- **Vestibular Oculomotor Screen and its Implications for Sideline Assessment and Rehabilitation of the Concussed Athlete (2 EBP CEU)**

Katrina Parsons, MPT, OCS

- **UCL Reconstruction: The Tommy John Epidemic (2 EBP CEU)**

Michael Shepard, MD

2-Hour Presentations

- **Best Practices of Appropriate Medical Care in Secondary Schools**
Presented by the NATA Secondary School Athletic Training Committee
Larry Cooper, MS, LAT
Bart Peterson, MSS, AT
- **The Role of CranioSacral Therapy in Athletic Medicine & Concussion Care**
Sally Fryer Dietz, PT, DPT, CST-D
Melinda Roland, MA, PT, Lac, OMD, Dipl-Ac, CST-D

1-Hour Presentations

- **Lymphatic Balancing: Manual Lymphatic Drainage for the Orthopedic Patient**
Trisha Becker, PT, DPT, OCS, LMT
- **Preventing Sudden Death in Sport**
Douglas J. Casa, PhD, ATC, FNATA, FNAK, FACSM
- **ACL Injuries: A Fresh Look at an Old Problem**
Sean P. Flanagan, PhD, ATC, CSCS
- **Non-Specific Low Back Pain: Teasing out the Intangibles**
Jim Herkimer, DPT, MS, ATC
- **Baseball Throwing: Where does the Velocity Come From?**
Heinz Hoenecke, MD
Todd Hutcheson, ATC
- **The Utility of Compressional Bands for Biomechanical Tissue Adaptation**
Ethan Kreiswirth, PhD, ATC
- **After the Impact: Care of the Concussed Athlete**
David W. Kruse, MD
- **Foresight 2019: Mentorship and Stakeholder Expectations of the Young Professional**
Sarah Lyons, MS, ATC
Sanam Rezazadeh, MS, ATC
Carolyn Peters, MS, ATC, CSCS
- **The Importance of Movement Screens for the Crossfitter's Shoulder**
Katrina Parsons, MPT, OCS, CF L1
- **The Who, What, and Why of Sport Specialization**
Eric Post, PhD, ATC
- **Sensory-Motor Retraining: Modern Rehabilitation Concepts**
Marc Reichling, ATC, CES
Ethan Kreiswirth, PhD, ATC

- **The Lost Art of Listening: Diagnosing Musculoskeletal Conditions**
Benjamin D. Rubin, MD, MS
- **PRP Applications in Sports Medicine**
Michael Shepard, MD
- **Developing a Private Practice for Athletic Trainers**
Presented by FWATA Committee on Practice Advancement
Steve McCauley, MHSc, LAT, ATC, CSCS
- **Injury Epidemiology and Athletic Training Medical Care for Army Reserve Officer Training Corps (ROTC) Battalions**
Presented by FWATA Research & Grants Committee
Kara Radzak, PhD, LAT, ATC
- **Strategic Issues in Athletic Training Lecture Series: Transition to Practice**
Sponsored by NATA Professional Development Committee
Brian Vesci, MA, ATC

FWATA Workshop

- Friday, April 26, 2019 at 9:00am-11:00am *and* 2:00pm-4:00pm
- Saturday April 27, 2019 at 10:00am-12:00noon *and* 3:00-5:00pm
- Pre-Registration is required
- Limited to 30 Certified ATs each session
- \$25 registration fee

- **Care and Suturing of Minor Skin Wounds”**
Adam Cady, PA-C, ATC, CSCS
Leslie Cardoza, MPAP, PA-C, ATC

Athletic Training Student Sessions

- **Mental Health, Medication and Sports Performance**
Jamie DeRollo, DAT, MBA, ATC
- **Proprioceptive Neuromuscular Facilitation: A Hands-On Approach to Rehabilitation**
Carolyn Greer, MA, ATC
- **Management of Gymnastics Injuries**
David W. Kruse, MD
- **Hindsight 2018: Reflection and Growth after the First Year as a Post-Graduate**
Sanam Rezaadeh, MS, ATC
Sarah Lyons, MS, ATC

- **Things I Wish I Knew Before I Graduated: A Panel Discussion**

Ashley Musick, MS, ATC, EMT

Kara Radzak, PhD, LAT, ATC

Sanam Rezazadeh, MS, ATC

Sean Rogers, DAT, ATC

TOTAL = 18 CEUs (12 Category A CEUs and 6 EBP CEUs) with FWATA Registration

Note: Opportunity for additional CEUs (requires separate registration)

- **FWATA Pre-Conference Learning Lab – BOC Approved - 3 EBP CEUs**

- \$60 registration fee
- Registration limited to 50 participants

- **Gatorade Pre-Conference Workshop – BOC Approved – 3 EBP CEUs**

- \$60 registration fee
- Registration limited to 120 participants