

eNewsletter

(<http://www.newsletter.fwatad8.org>)

Fall 2019 Newsletter
Far West Athletic Trainers' Association (<http://fwatad8.org>)
@fwatad8 (<https://twitter.com/FWATAD8>)
NATA District 8

Fall 2019 eNewsletter



This eNewsletter is published twice a year by the Far West Athletic Trainers' Association for its members. Information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary, Cindy Clivio MEd, ATC at fwatasec@gmail.com (<mailto:fwatasec@gmail.com>)

District Director's Message

Lyn Nakagawa MS, ATC, CSCS



Aloha! I hope everyone had a great summer and had the chance to relax, unwind, spend time with family and friends, and recharge for the year ahead. My first year serving you as District Director has been such an amazing experience and I am truly grateful and appreciative for this incredible opportunity. One of my favorite highlights of the year was hosting the NATA 70th Clinical Symposia and AT Expo right here in our backyard in Las Vegas, Nevada. I want to especially thank Mark D'Anza, our host city representative, for all his hard work, dedication, and hospitality. Also, thank you to all the volunteers who offered their time which helped make this one of the largest symposiums ever. It was such a successful event and I received so many positive comments about the hospitality people felt from all the FWATA members involved. Thank you all!

There are several opportunities to get involved with FWATA and the NATA as we are currently looking to fill numerous positions. We are looking for a FWATA member to represent our district on the following NATA committees: Committee on Professional Ethics, Education Advancement Committee, Professional Development Committee and the Professional Education Committee. For more information on each committee, please go to <https://www.nata.org/membership/get-involved/volunteer-committees>. In addition to these openings, we are looking for individuals to serve on the NATA Secondary School Athletic Trainers' Committee and the Young Professionals' Committee. For these positions, you will represent FWATA on the NATA committee, but also chair the respective FWATA committee. Information for these NATA committees can be found at <https://www.nata.org/membership/get-involved/volunteer-committees>, and information about the FWATA committee is available at <http://www.fwatad8.org/committees/>. If interested in any of these positions, please submit a letter of interest, and resume or CV (including NATA member number and NPI) to lynhn@hawaii.edu by October 15th. We hope to identify successors for these positions by the fall, allowing some time for shadowing and onboarding, with terms beginning in June 2020.

I hope everyone has a great fall and again, thank you for the opportunity to serve you, the membership, as your District Director. Please take the time to say hello or reach out to me via email should you ever have any questions, concerns, or comments regarding FWATA, NATA, or the profession. D8 is GreAT!



From the District Secretary

Cindy Clivio MEd, ATC

Aloha FWATA Members,

I wanted to highlight 3 things for this newsletter.

1. FROM NATA : CHANGES ARE BEING MADE TO WEBSITE

In order to provide a more streamlined, user-focused web experience on the NATA website, the NATA membership database is being moved to a new platform on the back-end Sept. 19. This means a few changes to the website will occur soon. NATA members will be required to do a Password Reset everyone who has created a user profile on [nata.org](http://www.nata.org) should have received an email Sept. 19 requesting their password be reset. Once you've received the email prompting you to reset your password, you can use your previous password to create a new profile. Users must reset their passwords in order to view parts of the website that require login access. If you did not receive the email from NATA, check your junk mail for an email dated Sept. 19. You can also manually reset your password on the login page if you accidentally delete the email or do not receive it

2. **LIFE CHANGES?** Fall is the start of the traditional school year and also signals a time when many of our members have significant changes. If you have recently moved, taken a new position, changed your professional status (student to certified, certified to retired, etc.), changed names, please update your membership profile with NATA. We want to have an accurate database so we can keep everyone informed on issues both nationally and locally.

3. MEMBERSHIP RENEWAL STARTS SOON.

BE ON THE WATCH FOR YOUR RENEWAL STATEMENT. TAKE ADVANTAGE OF ADDITIONAL BENEFITS FOR THOSE THAT *RENEW BY THE DEC 31, 2019 DEADLINE*.

WHY JOIN/RENEW?

A membership with NATA is the best way to connect with your fellow ATs, grow professionally and receive affordable educational tools to further your career. Our members enjoy many benefits like exclusive access to:

- NATA Career Center (<https://www.nata.org/career-education/career-center>)

- Eligible to receive up to 10 free CEU credits (<https://www.nata.org/career-education/education/online-ceu-opportunities>) (a \$150 value)
- Valuable Documents like the Professional Liability Toolkit (<https://www.nata.org/practice-patient-care/risk-liability>), the NATA Salary Survey (<https://www.nata.org/career-education/career-center/salary-survey>) and our free award-winning monthly publication *NATA News* (<https://www.nata.org/news-publications/publications/nata-news>)
- Gather (<https://gather.nata.org/home>), our online forum for ATs
- Discounted subscription to Sports Health Magazine (<https://www.nata.org/news-publications/publications#sportshealth>)
- Members Registration rate for the NATA Clinical Symposia & AT Expo
- NATA's annual Clinical Symposia & AT Expo is the premier educational event for athletic trainers. The convention is a great opportunity to connect with fellow ATs, learn about the hot topics and important issues facing the profession and view the latest products and services related to athletic training. Athletic trainers who attend all three days of the convention can earn up to 25 CEUs.



Annual Meeting Committee

Ruem Malasarn MA, ATC

Annual Meeting & Clinical Symposium

FWATA July 14-18, 2020

Sheraton Kona Resort and Spa at Keauhou Bay

78-128 Ehukai St

Kailua-Kona, HI 96740

Hotel Reservations are OPEN!

Visit FWATA AMCS online for the direct link (<http://www.fwatad8.org/committees/annual-meeting/>) to book your rooms for FWATA20 Annual Meeting Hotel (<https://www.marriott.com/event-reservations/reservation-link.mi?id=1562283695985&key=GRP&app=resvlink>). If calling in to the resort, mention FWATA Annual Meeting 2020 for the group rate.

CALL FOR PROPOSALS

Topics and Proposals for FWATA 2020 Annual Meeting & Clinical Symposium open October 1, 2019 and close December 1, 2019. No late submissions will be accepted. Visit the FWATA AMCS (<http://www.fwatad8.org/committees/annual-meeting/>) site for Proposal Submission Guidelines.

Find us on Twitter, Facebook, and Instagram for the most updated Information about FWATA20 Annual Meeting & Clinical Symposium.



Honors & Awards Committee

Junior Domingo MS, ATC

The FWATA Honors and Awards Committee would like to again congratulate our 2019 award winners:

Hall of Fame Inductee

- Kristine Boyle-Walker, MPT, OCS, ATC, CHT (<http://www.fwatad8.org/fwata-2019-awards-banquet/>)

Most Distinguished Athletic Trainer Award

- Stacey Jensen Ritter, MS, ATC, ITAT (<http://www.fwatad8.org/fwata-2019-awards-banquet/>)

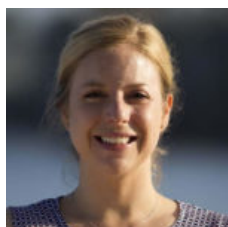
Special Recognition Award

- Tricia Kasamatsu, PhD, ATC (<http://www.fwatad8.org/fwata-2019-awards-banquet/>)
- Michelle Samuel, MS, ATC, LAT (<http://www.fwatad8.org/fwata-2019-awards-banquet/>)

As we recognize our past winners, it is time for us to begin thinking of those that we feel and know deserve an award. The nominations period will open on November 15 for Hall of Fame, Most Distinguished Athletic Trainer and Special Recognition Awards.

For more information, please visit the Honor & Awards Committee page (<http://www.fwatad8.org/committees/honors-awards-committee/>)

Recognize our own!



Public Relations

Katie Risso MAT, ATC, CKTP

Our 2019 Summer Quarter Excellence in Athletic Training award winner is Juan Cuevas, ATC. Cuevas is the Co-Head Athletic Trainer at Fullerton College, as well as being the FWATA Scholarship Committee Chair. He has been at Fullerton College for over 14 years, and the student who nominated him was quoted as saying, "Juan is the perfect example of a passionate athletic trainer. He sincerely loves doing his job and makes us students feel we can become athletic trainers someday." Please join

us in congratulating Juan on winning the Excellence in Athletic Training Award!

Want to spotlight an Excellent Athletic Trainer you work with, mentor or admire? Just visit the FWATA website and submit your nomination.

The NATA recently launched a grant to financially support athletic trainers' advocacy efforts to key external stakeholders. The grant is available to individual ATs, state, or district associations. The application and more information can be found here: <https://applications.nata.org/external-marketing-public-relations-grant-application>



Looking to stay current with everything going on in the District? Or want tell us what you are doing to promote the profession? Make sure you add contact@fwatad8.org to your contact list to review our monthly e-mail campaigns. You can also follow us on Twitter, Instagram, and Facebook for updates. If you ever have any questions, suggestions or information to share please contact us on our website. There is so much happening within the district and nationally! Stay up to date in District 8.



Scholarships Committee

Juan Cuevas ATC

Greetings District 8! We have great news that should get every student enrolled in a CAATE approved AT Program excited! The decision was made to update and upgrade some of the scholarship application requirements for this upcoming cycle. Best of all, the selected recipients will receive not only their beautiful personalized plaque; they will receive the monetary award the same night of the Annual meeting & Clinical Symposium Awards banquet in Kona!

Please check the www.fwatad8.org website for more details in the coming weeks as we expect to have the application window open from early December until the closing deadline of February 1st. That should give every student in Nevada, Hawaii and California enough time to get their documents in order.

Hope to see all of you in Hawaii!



Council on Practice Advancement

Sara Williamson ATC

The NATA COPA Committee (Committee on Practice Advancement) is comprised of 10 subcommittees:

1. Physician Practice
2. Private Practice
3. Performing Arts
4. Military
5. Health Care Admin/Rehab
6. Outreach
7. Occupational Health
8. Industrial
9. Public Safety
10. Analytics

The FWATA COPA committee is trying to align with this vision and thus is looking for representation in each of these categories. If you are interested, please contact Sara Williamson, MS, ATC at swilliamson@vallettaortho.com (mailto:swilliamson@vallettaortho.com).



History & Archives Committee

Michael Barreiro ATC

No new updates (<http://www.fwatad8.org/committees/history-archives-committee/>)



Student Leadership Committee

Claire Stovall

No new updates

Research and Grants Committee

Melissa Montgomery PhD, ATC

The R&G committee enjoyed a quiet summer after a year filled with action and are gearing up for what we anticipate will be another great year.



I will be joining a conference call with the chair of the NATA Foundation Free Communications committee this month with the rest of the district R&G chairs. We will get to share information about the successes of our programs and also get the latest updates on things happening on the national level so we can best help our district members be successful in securing grants and having Free Communications abstracts accepted for presentation at the NATA convention.

Since the FWATA Annual Meeting is in July this year, we will be pushing our review deadlines back a bit to give everyone more time to get some data sets completed. (I'm looking at you, masters' thesis folks!) The call will go out at the end of the year so stay tuned!



College and University Athletic Trainers Committee

Brian Cable ATC

A survey was conducted by the National Athletic Trainers' Association's (NATA) Intercollegiate Council for Sports Medicine (ICSM). The results were presented at a press briefing during the NATA's 70th Clinical Symposia in Las Vegas. The results looked at how well institutions performed in their administrative structure to ensure the institutional line of medical authority is established according to NCAA's Independent Medical Care for College Student-Athletes inter-association consensus statement. The results of the survey are found here (<https://www.nata.org/press-release/062619/only-half-collegiate-level-sports-programs-follow-medical-model-care-student>).

The NCAA's Independent Medical Care for College Student-Athletes inter-association consensus statement desires that an Institutional line of medical authority should be established in the sole interest of student-athlete health and safety and that the health care providers should have unchallengeable autonomous authority in return to play decisions. The statement is found here (<http://www.ncaa.org/sport-science-institute/athletics-health-care-administration-best-practices-0>).

The ICSM followed up this press release with a meeting in August in Dallas, Tx. The goal of the ICSM is to have a document to give to the membership and institutions on how to ensure medical autonomy is in place at each institution.

FWATA CUAT is also supporting a data collection pilot program between the NJCAA and CCCATA. We hope to get volunteers from schools (2 NorCal, 2 SoCal) using software (CSMI or ATS) to take part in injury and treatment tracking. The collection will be automated and load directly from existing software. This data will be compiled and hopefully allow us to expand to additional colleges in the future. Contact Alison Aubert at Solano College if you are interested in being involved in this project (Alison.aubert@solano.edu (<mailto:Alison.aubert@solano.edu>))



Ethnic Diversity Advisory Committee

Chris Litt, ATC

No Updates. (<http://www.fwatad8.org/committees/ethnic-diversity-advisory-committee/http://www.fwatad8.org/committees/ethnic-diversity-advisory-committee/>)

Young Professionals Committee

Kara Radzak Ph.D., ATC



The NATA Young Professionals' Committee is seeking nominations for our National Distinction Award. The National Distinction Award is the Young Professionals' Committee's highest honor to recognize a young professional athletic trainer who has made an immediate and definitive impact on the athletic training profession at the national, district, state or community level. **Please consider nominating a deserving FWATA YP by October 1st!**

The FWATA YPC is actively looking for a YP from Hawaii to join our committee. Please contact Kara Radzak (<mailto:kara.radzak@unlv.edu>) if you are interested.

Please feel free to contact Kara Radzak (<mailto:kara.radzak@unlv.edu>), FWATA's YP Chair, for more information. Award eligibility and submission can be found on the NATA YPC National Distinction Award (<https://www.nata.org/membership/honors-and-awards/ypc-national-distinction-award-overview-and-criteria>) page.

Don't forget to follow us on Twitter: @FwataY (<https://twitter.com/FwataY>)



Secondary Schools Committee

Chase Paulson MS, ATC

The NATA SSATC has new committee awards, please consider nominating a deserving peer!

AT Advocate Award

The AT Advocate Award recognizes an individual, organization, corporation or company that has been a champion in securing athletic trainers in the secondary school setting and improving public awareness of the profession.

This award recognizes those who have:

- Demonstrated long-term commitment to the secondary school setting;
- Provided public awareness, external marketing, promotion and education of the role of athletic trainers in the secondary school setting.
- Served in establishing, maintaining and improving the presence of athletic trainers in the secondary school setting, which is a national objective of NATA.
- Positioned themselves as a leader in promoting the secondary school setting as a career-destination.

Servant's Heart Award

The Servant's Heart Award recognizes deserving secondary school ATs in each district for their service to the athletic training profession, their schools and their communities.

This award recognizes ATs who have:

- Demonstrated a long-term commitment to the secondary school setting.
- Provided public awareness, promotion and education about the AT's role in their local communities.
- Helped establish and maintain the athletic trainers' presence in the secondary school setting.
- Promoted the secondary school setting as a career-destination.
- Exhibited a consistent and exemplary level of student athletic health care.

Secondary School Athletic Trainer of the Year Award

The NATA Secondary School Athletic Trainers' Committee has established the Secondary School Athletic Trainer of the Year Award to recognize deserving athletic trainers in secondary schools across the country. Specifically this award recognizes ten district winners and one overall national winner who:

- Elevate the athletic training profession at the secondary school level.
- Provide public awareness, promotion and education about the AT's role in their local communities.
- Contribute to their communities beyond their athletic environments.
- Help establish and maintain the athletic trainers' presence in the secondary school setting.
- Provide an exemplary level of patient health care.

**Governmental Affairs Committee****Jason McCamey, ATC**

No new updates.

California GAC Chair – Mike Chisar – chisar@me.com (<mailto:chisar@me.com>)

Hawaii GAC Chair – Darryl Funai/Louise Inafuku – dfunai@punahou.edu (<mailto:dfunai@punahou.edu>), linafuku@iolani.org (<mailto:linafuku@iolani.org>)

Nevada GAC Chair – Steve McCauley – steve.mccauley@wynnlasvegas.com (<mailto:steve.mccauley@wynnlasvegas.com>)

FWATA GAC Chair – Jason McCamey – jmccamey@me.com (<mailto:jmccamey@me.com>)

**California Update****Jason Bennett DA, ATC | CATA President**

I am pleased to report one of the legislative bills we supported was recently signed by the governor. AB-379 (Maienschein) required the addition of “an athlete who has passed out or fainted” to existing law for youth sport organizations and prohibits an athlete from returning to athletic activity until being evaluated and cleared by a health care provider. Requires the athlete, if the health care provider suspects that the athlete has a cardiac condition that puts the athlete at risk for sudden cardiac arrest (SCA) or other heart-related issues, to remain under the care of the healthcare provider to pursue follow-up testing until the athlete is cleared to play.

The bill also requires “sudden cardiac arrest prevention” as part of coach and administrator education requirements.

The CATA invites athletic trainers and athletic training students to attend the Annual Symposium and Hit-the-Hill event on February 22-24, 2020 in Sacramento. Our Hit-the-Hill event will be extremely important as we continue to support AB-1592 (Bonta) and our push for licensure for athletic trainers in our state. The symposium will return to the Embassy Suites again where the triple-room occupancy, full breakfast, and free happy hour drinks have been well received in the past. Registration for the conference will open in November on the CATA website. While FWATA's Annual Conference is in Hawaii in July and the NATA Annual Clinical Symposia is in Atlanta in June, we hope to have our best turnout ever in Sacramento while earning CEUs and supporting AB-1592. If you haven't sent in your letter of support for AB-1592, please go to our website at ca-at.org and submit your letter – it takes only about 30 seconds to have a positive impact on our future.

I would like to express my gratitude to Ken Look for his work over the last three years as our Revenue Chair. Under Ken's leadership we have been able to expand our sponsorships at our Annual Symposium and our website and increase our visibility amongst potential vendors. If there are any members that would be interested in the Revenue Chair position, please send a letter of interest and resume to our CATA Secretary, Christina Scherr, at cscherratc@gmail.com to be considered. Also, congratulations to Matt Quijano for being elected as our newest Region-4 Director beginning on January 1st.

Finally, the CATA also encourages nominations for all of our state-level awards. Awards available include the State Recognition Award, Educator Award, Lifesaver Awards, and our newest award – the Athletic Trainer of the Year award. If you know someone who goes above and beyond, please nominate them to be recognized. Deadline for nominations will be December 1st and the CATA website will soon have information and nomination instructions available.

Hope the remaining months of 2019 prove to be safe and productive for all of us.



Hawaii Update

Garvin Tsuji, MS, ATC | HATA President

Aloha from the Islands! The Hawaii Athletic Trainers' Association (HATA) continues to press forward with multiple CEU opportunities for the membership. High School AT's partnered with the Hawaii Concussion Management Program (HCAMP) to review the updated spine boarding protocol at Aloha Stadium. HCAMP also sponsored the annual Concussion Summit, leading to a maximum of 8.5 Cat. A CEU's and 3 EBP's.

HATA also partnered with Hawaii Pacific Health for their annual Sports Medicine Symposium, that featured Adolescent elbow and shoulder injuries and Signs and Symptoms of adolescent depression and screening tools that can be utilized. 4 Category A CEU's were offered for this event.

HATA's annual symposium had a unique approach this year. The May 30th event was held at the John Burns School of Medicine and involved Scapular Dysfunction in addition to a Scapular and Upper Extremity lab. Kamehameha Schools hosted the 2nd day of the symposium, which included EBP lectures for the Overhead Athlete and a Rehab to Performance section using the ARP Wave electrotherapy device. Attendees were awarded 3.5 EBP's and 7.5 Category A CEU's.

Lastly, HATA held our annual golf tournament on May 31st to benefit our Scholarship Fund. It was a beautiful day in Central Oahu where we had 150 golfers, 25 volunteers and tons of fun at Mililani Golf Course. We will be back at Mililani GC on May 29, 2020, so make your plans to join us!!!

Please visit our new website at www.hawaiiata.org (<http://www.hawaiiata.org>) and join our mailing list, while following us on Facebook, Instagram @hata_d8 and Twitter @hata_d8 (https://twitter.com/hata_d8).



Nevada Update

Mike Sepiol LAT, ATC | NEVATA President

CWI Tubs: During the NATA Convention in Las Vegas this summer, the NATA pledged to donate Cold Water Immersion Tubs to all interested high schools in the Clark County School District for the treatment and prevention of heat related illness. Thirty of our Secondary Schools were recipients of the CWI tubs; here is a picture of our varsity football student athletes at Bonanza High School utilizing their gift! The Nevada Athletic Trainers' Association thanks the NATA for their generosity in helping keep our student athletes safe!

Dry Needling addition to NRS 640B scope of practice for athletic trainers:

During the 80th Session of Nevada State Legislature, Senate Bill 186 was introduced to expand the scope of Nevada's athletic training practice act, NRS 640B, to include the practice of dry needling under specific regulations. It subsequently passed in during the session, was approved by Governor Steve Sisolak on June 1st, 2019 and is set to go into effect on October 1st 2019. Currently, the Nevada State Board of Athletic Trainers' is creating regulations and language fitting for this new provision. Updates to the bill can be reviewed by searching for LCB File No. R053-19. Thank you to the Nevada State Board of Athletic Trainers' for all of your hard work on this!!

Constitution restructuring: One of the biggest undertakings of the year for the Nevada Athletic Trainers' Association has been the re-writing and restructuring of our organization's constitution and bylaws. During the spring, the board created the Constitution Committee composed of Dustin Hopfe (Committee Chair), Steve McCauley, David Orr, and Christine Wittorff. They stripped down our constitution to propose changes in term lengths, promote better top down organization, and to create consistency with our governing body that mirrors other state, regional, and national levels. This effort will allow for more streamlined communication, improved establishment of committees, and will hopefully encourage more individuals to volunteer within their desired areas of interest. We will be voting on these proposed changes during the NEVATA State Meeting and Clinical Symposium in October.

State meeting: SAVE THE DATE! The NEVATA State Meeting and Clinical Symposium will be held on October 25th 2019 at the University of Nevada, Las Vegas. We will also be streaming the meeting to a remote location in Reno that is TBD. The NEVATA will be offering 6 CEUs for participation at this year's event! We hope to see you all there!



ATs CARE Committee

| District 8 Representatives



LGBTQ+ Advisory Committee

Sean Rogers, DAT, ATC | District 8 Representatives

Thank you to all the FWATA members who attended the LGBTQ+ Advisory Committee's programming at the NATA Clinical Symposia in Los Vegas this year. For those of you who are still interested in some of our programming, but were unable to attend this past June, our next presentation of the Safe Space Ally Training for the Athletic Trainer will occur in Los Vegas on October 25th, 2019 and again at California State University, Long Beach on November 16th, 2019.

If you're interested in attending one of the aforementioned Safe Space Ally Training sessions, are looking to schedule a training for your own clinic/classroom, or are interested in becoming a member of the FWATA LGBTQ+ Advisory Committee, please send an email to Sean Rogers (<mailto:sean.rogers@csun.edu>) and Mimi Nakajima (<mailto:Mimi.nakajima@csulb.edu>) for more information.



Executive Committee for Education Update

Tricia Kasamatsu, PhD, ATC | District 8 Representative

No new update



Professional Development Committee Update

Melissa Montgomery PhD, ATC | District 8 Representative

The PDC has been hard at work developing professional development opportunities for the membership, particularly since it is a BOC reporting year. Our committee develops online courses, workshops, and additional programming. The catalog of online courses available on the Professional Development Center continues to grow, including EBP CEU's. Remember that you get 10 free CEU credits (\$150 value!) with your NATA membership.



Professional Responsibility in Athletic Training Update

Carolyn Peters MA, ATC | District 8 Representative

No new update



NATA Research & Education Foundation Update

Kavin Tsang PhD, ATC | District 8 Representative

No new update



NATAPAC Update

Stacey Ritter ATC | District 8 Representative

DID YOU KNOW: Voluntary contributions of members of the NATA are the only legal source of funds for the NATA Political Action Committee. This means it is up to us to maintain a strong presence in the political arena. There is strength in numbers.

The most recent report from the NATAPAC indicates that some recurring payments are not being processed for one reason or another. (i.e. expiration date on card, card replaced, new address, etc) Please click here (<https://www.natapac.org/how-to-contribute/>) to renew your recurring contribution, OR to establish a new one.

Also, if you signed up to do the "\$8 for D8" campaign, and you'd like to increase your monthly contribution to \$10 (just \$2/month), or even double it to \$16, it will help the overall efforts of NATAPAC significantly.

For more information about what the NATAPAC does for you click here. (<https://www.natapac.org/what-natapac-does/>)

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NATA Sub Committee Updates

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This enewsletter is published twice a year by the Far West Athletic Trainers' Association for its members. Information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary, Cindy Clivio MEd, ATC at 808.842.8211 fwatasec@gmail.com (<mailto:fwatasec@gmail.com>).

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