

# eNewsletter

(<http://www.newsletter.fwatad8.org>)

Special Edition 2020 Newsletter  
 Far West Athletic Trainers' Association (<http://fwatad8.org>)  
 @fwatad8 (<https://twitter.com/FWATAD8>)  
 NATA District 8

## Fall 2020 eNewsletter



**This eNewsletter is published twice a year by the Far West Athletic Trainers' Association for its members. For information contained in this newsletter or to submit articles/ideas, please contact the FWATA Newsletter Editor and District 8 Secretary, Cindy Clivio MED, ATC at [fwatasec@gmail.com](mailto:fwatasec@gmail.com) (<mailto:fwatasec@gmail.com>)**



### District Director's Message

#### Lyn Nakagawa MS, ATC, CSCS

Aloha and Happy Fall!

2020 has been a very challenging year for many FWATA members and athletic trainers, both personally and professionally. It has been a whirlwind and I truly miss being able to connect with each and every member at our FWATA clinical symposia and the NATA Annual meetings. However, these past few months has shown me how strong our profession is when we stand together and support each other during difficult times. We have found ways to stay connected to our patients and each other, collaborate with other ATs and healthcare providers to contribute to the medical care for our country, work on the frontlines of this pandemic, and even return some athletes to the competition in the high school, collegiate, and professional settings. Athletic trainers have been able to show their value in all settings we work in. I am proud to say that I am an athletic trainer and I am proud of the work we have done as a profession.

During the month of September, we ran an election for District Treasurer in which we had several amazing and qualified applicants run for the position. According to our FWATA Constitution, with more than two candidates running, we need to have another election with the two candidates who received the most of votes in the primary election. As a result, we will be having a General Election between Kavin Tsang and Garvin Tsuji in the next couple of weeks. Keep your eye out for your ballot that will be emailed out to you soon! This election will only be open for a couple weeks, so vote early!

Get involved! We currently have several NATA and FWATA positions we are looking to fill. We are looking for members who are interested in representing FWATA on the NATA Governmental Affairs Committee. For this position, you will represent FWATA on the NATA committee, but also chair the respective FWATA committee. Information for the NATA committees can be found here (<https://www.nata.org/membership/get-involved/volunteer-committees>), and information about the FWATA committee is available here (<http://www.fwatad8.org/committees/>). We are also looking for someone to chair the FWATA Scholarships

Committee. Information about this committee can be found here (<http://www.fwatad8.org/committees/>). If you are interested in either of these positions, please submit a letter of interest, and resume or CV (including NATA member number and NPI) to [lynhn@hawaii.edu](mailto:lynhn@hawaii.edu) (mailto:[lynhn@hawaii.edu](mailto:lynhn@hawaii.edu)) by December 15th. We hope to identify successors for these positions by the end of the year. For the Governmental Affairs position, this would allow some time for shadowing and onboarding, with term beginning in June 2021. The FWATA Scholarships Committee Chair position will be effective immediately.

I hope everyone is staying safe and is able to take some time to spend with family and loved ones during the upcoming holiday season. Please do not ever hesitate to reach out to me should you have any questions regarding FWATA or the NATA or if I can be of any support or assistance. Take care and I look forward to seeing everyone in the future either virtually or in person!



## From the District Secretary

### Cindy Clivio MEd, ATC

I don't know about you, but I am embracing the Fall or Autumn season. (although here in Hawaii it is pretty much an extended but rainier summer) It signals differing things to each of us. I read something recently that discussed Fall as the season that represents transformation. It is a time to restore balance, re-calibrate and create space for new seeds to be planted. It is a time for most of us to remember and hopefully share that for which we are grateful. For me it is a time to reflect and embrace change. Many of us just want 2020 to be over and hope to regain parts of our lives that were altered forever by the Corona virus pandemic. As a profession it has been such a mixed reality. Many Athletic Trainers found themselves furloughed or laid off and others found themselves to be essential, and more respected as healthcare professionals than ever before. I hope we all found at least a few areas where we were able to reset our priorities and extend our compassion. I do believe that only we, athletic trainers, truly understand who we are and that we are always stronger when we support each other. The holidays will be different this year but I hope each and every one of you will feel both gratefulness and joy.

Meanwhile...another thing that Fall signals is NATA membership renewal time! If you took advantage of early renewal with VNATA registration, Thank you! If not please renew your membership so that you continue to receive benefits and grow our profession. NATA is working hard to increase the benefits of membership and will be unveiling new programs.

Did you know you can renew membership for more than one year? There is a multi-year discount and you lock in the membership current membership rate to connect with your fellow ATs, grow professionally and receive affordable educational tools to further your career. NATA helps its members:

- Grow professionally by offering quality continuing education opportunities, both online and in-person.
- Improve patient care through best practices and research.
- Advocate for legislation that advances the profession.
- Network with fellow athletic trainers across the world.

#### Benefits of Membership

Membership with NATA provides access to professional growth, support, advocacy and community. Renew today and join more than 45,000 athletic trainers who are taking advantage of everything that membership has to offer.



#### Professional Growth

##### ADVANCE YOUR CAREER

- NATA Career Center
- Continuing education
- NATA Professional Development Center
- NATA Leadership Academy
- Educational events
- Clinical practice updates



#### Support

##### RESOURCES YOU NEED

- ATs Care
- Infographics, toolkits and resources
- Revenue & Reimbursement
- Publications
- Preferred Providers
- NATAGEAR



#### Advocacy

##### WE ADVOCATE FOR ATs

- Federal, state and regulatory efforts
- Capitol Hill Day
- Youth Sports Safety initiatives
- National Athletic Training Month
- At Your Own Risk
- Media Relations



#### Connection

##### CONNECT WITH YOUR PEERS

- Gather
- Professional interest communities
- NATA Clinical Symposia & AT Expo
- Mentorship
- Volunteerism
- Social media channels



## District Treasurer

### Message

Todd Hamburg MS, LAT, ATC

The treasurer's report has not significantly changed. We as an organization are doing well financially and our investments are doing well.



## Annual Meeting Committee

### Ruem Malasarn MA, ATC

#### 2020 FWATA Virtual AMCS hosted by ICEU

This is a prerecorded event allowing FWATA members and other athletic trainers the flexibility to complete the FWATA VAMCS program package. A total of 10.5 Category A CEUs will be available. For more information please visit the annual meeting page (<http://www.fwatad8.org/committees/annual-meeting/>).

#### THANK YOU to our 2020 scholarship sponsors!

Our students, District Leadership, and the FWATA Convention Committee would like to thank the FWATA Paul Schechter Memorial Scholarship Golf Tournament sponsors for their very generous support during 2020. It has been a unique and challenging year to say the least. And even with all that is going on, the following organizations, companies, and individuals still made the decision to make a financial contribution for our students and the future of athletic training.

**Townsend Design – Kurt Townsend**

**California Athletic Trainers Association**

**Ian Duncan – Othopedic Associates – Ian Duncan, MD**

**All State – Rick Kunkleman**

**Visalia Breakfast Rotary Club – Todd Martin – President 2019**

**San Joaquin Valley Colleges – Mark Perry**

**Lagomarsino Group – Fred Lagomarsino/Melanie Almarez**

**CCCATA – Board**

**Hawaii ATA**

And a special thanks to Dennis Goebel and his golf tournament team for all they have done and continue to do for FWATA and our students!



## Honors & Awards Committee

**Junior Domingo MS, ATC**

No new updates

## Public Relations

**Katie Risso MAT, ATC, CKTP**

### General Update

The past 7 months have been a whirlwind and showed us how technology and social media can connect us even when we are apart. Keep a lookout for information on FWATA's social media channels. You can also follow us on Twitter (@FWATAD8), Instagram (@fwatad8), and Facebook (Far West Athletic Trainers' Association)!

Make sure you add **contact@fwatad8.org** to your contact list to review our monthly e-mail campaigns. If you ever have any questions, suggestions, or information to share please contact us on our website or at fwatad8@gmail.com (mailto:fwatad8@gmail.com).

### Jamie DeRollo DAT, MBA, ATC Wins Excellence in Athletic Training Award

The Far West Athletic Trainers' Association is pleased to announce the Summer Quarter 2020 winner of the Excellence in Athletic Training Award. This award is a unique and prestigious accolade, which recognizes a member of the National Athletic Trainers' Association who displays an exceptional commitment to mentoring, professional development, and enhancing the quality of health care, as well as, demonstrates the highest level of service, professionalism, and competence. This quarter's winner is Jamie DeRollo DAT, MBA, ATC who is the current Head AT and faculty member at Modesto Junior College in Modesto, CA. She also serves as the Community College Chair for the NATA ICSM. Please join us in congratulating Jamie!!

### New Members

The FWATA PR Committee is pleased to welcome three new members:

Albert Torres MS, ATC, CSCS – Cal Poly Pomona

Emma Connelly MS, ATC – UC Santa Barbara

Marco Nunez MS, ATC, CSCS – Strive Tech, Fit for Work

## Scholarships Committee

**Juan Cuevas ATC**

No new updates.

## Council on Practice

**Advancement**

**Sara Williamson ATC**

No new updates.

## History & Archives Committee

Michael Barreiro ATC

No new updates.

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## Student Leadership Committee

Kevan Murgia and Caleb Rogers

The FWATA Student Leadership Committee's purpose is to identify and address any and all issues and concerns pertinent to athletic training students in the collegiate and university setting of District 8. We are super excited to welcome two new committee members: Melody Menjivar (University of Hawaii) and Daniel Flores (University of Nevada, Las Vegas). This year's committee consists of students from each state in the district, at the following institutions: California State University, Long Beach, University of La Verne, San Diego State University, Cal State Fullerton, University of Hawaii, University of Nevada, Las Vegas, and the University of the Pacific. We are very excited and hard at work to bring opportunities to students that may

have been lost due to the pandemic. Follow our Instagram account (@fwslic8) and Facebook account (Far West Student Leadership) to keep up to date on what is happening for students in our district!

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## Research and Grants Committee

Melissa Montgomery PhD, ATC

**Research grant applications are now being accepted.** The R&G committee welcomes grant proposals from District 8 members. The deadline is March 1, 2021 at 11:59 PM Pacific. Click here for more information and instructions (<https://sites.google.com/fullerton.edu/fwata-grants/home>).

**Free Communications abstracts submission period is open.** Abstract submissions are now being accepted for the 2021 Free Communications program. The deadline for submission is February 1, 2021 at 11:59 PM Pacific. Abstract decisions will be emailed out by March 1st. If accepted, authors will present their work in person at the FWATA Annual Meeting and Clinical Symposium in Las Vegas, NV. Click here for more information (<https://sites.google.com/fullerton.edu/fwatafreecomm/home>).

**Open Call for R&G committee student member.** The Research and Grants committee welcomes applications from post-professional (certified) students interested in serving on our committee. Responsibilities include participating in monthly conference calls, attending the FWATA Annual Meeting, and promoting District 8 R&G activity on social media. Benefits to you? Learn about scholarly activity (research methods, writing, the review process, etc.), networking with researchers across the district, and mentorship from committee members.

Interested District 8 members should submit a CV and letter of interest to R&G chair, Melissa Montgomery (<mailto:memontgomery@fullerton.edu>) by December 1. Applications will be forwarded to the FWATA Managing Board for review and ultimate approval.

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## College and University Athletic Trainers Committee

Brian Cable ATC

No new updates.

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## Ethnic Diversity Advisory Committee

Chris Litt, ATC

No new updates.

## Young Professionals Committee

**Sanam Rezazadeh MS, ATC**

Hello Everyone! I first want to take the time to express my support and appreciation to all athletic trainers navigating healthcare during this crazy and unknown time.

During these beginning months I have been getting to know the lay of the land as the new YP chair with the help of a wonderful committee. One of the first things I wanted to do was discuss topics and initiatives that this committee would like to focus on moving forward. We have been meeting monthly and have been able to highlight areas in need of improvement such as outreach, creating a platform for YP's to turn to as well as hosting events to benefit our YP community and to continue growing. Be on the lookout for a survey to gauge our districts understanding of our committee as well as ways to improve that we are not discussing.

I have begun discussions with NEVATA President, Mike Sepiol in exploring the idea of a young professionals committee within the state and how it can increase outreach and feed into the FWATA YP Committee, if you are a young professional currently in the state of Nevada and interested please reach out using the below email.

Our committee has been working on increasing our presence across all three of our social media platforms; twitter (@fwata\_ypc (<https://twitter.com/FwataYPC>)), Instagram (@fwata\_ypc ([https://www.instagram.com/fwata\\_ypc/](https://www.instagram.com/fwata_ypc/))) and Facebook (@fwata\_YPC ([https://www.facebook.com/Fwata\\_YPC-113986300437380/](https://www.facebook.com/Fwata_YPC-113986300437380/))). Please follow, share and reach out with any content you'd like to see. We are also brainstorming topics for future Town Halls (via zoom) to address certain situations, concerns and/or topics that the YP is currently facing and will be facing.

Please send all and any thoughts, ideas or interest in regards to the above updates to [fwatayp@gmail.com](mailto:fwatayp@gmail.com) (<mailto:fwatayp@gmail.com>)!

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## Secondary Schools Committee

**Mark D'Anza MEd, LAT, ATC**

Hello everyone! I have been getting acquainted with this position and getting involved in some national initiatives. Now, I need to increase engagement with the secondary school athletic trainers in District 8 and will need some help to make this happen. The first thing on my agenda is to update our committee. I am in need Representatives from Hawaii and Nevada for the Secondary School Athletic Trainer's Committee. If you are in California and would like to join in, I would love to have at least one more member since that state is ginormous. This call is open to students as well. I am looking for people that are quick with communication and interested in providing ideas and insight. I would like a group that is focused on serving the secondary school athletic trainers of district 8 and improving all our experiences. If you are interested, please send me a letter of interest and a CV. If you have questions, please do not hesitate to reach out. My email is [mark.j.danza@gmail.com](mailto:mark.j.danza@gmail.com) (<mailto:mark.j.danza@gmail.com>).

The NATA SSATC is planning a CEU event specifically geared towards secondary school ATs. We are aiming for 6-8 CEUs over a two-day period and shooting to launch this in early 2021. Stay tuned for more information.

COVID has hit every setting of athletic training hard and I would like to gather some information specific to you. Please take a moment and fill in this survey for me (<https://forms.gle/sioy6cZjttFKDiQKA>).

As always, we need to work on mapping in ATLAS. You need to update ATLAS every other year. If you are not sure whether you completed this task, click here to fill in your information (<https://ksi.uconn.edu/atlas/atlas-survey-and-maps/>).

The NATA would also like us to fill in our Program Assessment for Safety in Sport (PASS). Currently there are 68 high schools in California, 2 schools in Hawaii, and 2 schools in Nevada that have set up accounts. Please take some time and begin putting this together. I am happy to help if you have questions.

Thank you everyone for all the things you do. Please reach out if I can ever assist you.

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## LGBTQ+ Advisory Committee

**Sean Rogers, DAT, ATC**

No new updates.

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## Governmental Affairs Committee

**Jason McCamey, ATC**

No new updates.

## California Update

**Jason Bennett DA, ATC | CATA President**

Due to COVID-19, the CATA Managing Board has decided to have our 2021 Annual Symposium as a “virtual” conference instead of in-person. Our virtual conference will continue as planned on February 20-22, 2021. Our Annual Symposium Committee, led by Adam Cady, have already organized numerous speakers for our 2021 virtual conference and we will be excited to announce our program and symposium plans once finalized in the very near future. We are also evaluating potential virtual opportunities for our annual “Hit-

the-Hill” day with the hopes of having some type of in-person event once the state capitol building allows the public to return. Once we have finalized our plans, we will notify members via e-blast and social media.

In partnership with the Korey Stringer Institute and the Team Up for Sports Safety (TUFFS) initiative, with support from the NATA and the NFL, the CATA is coordinating a meeting in March of 2021 to identify and bring together key individuals responsible for improving health and safety policies for high school athletes within California. The goal will be to collaborate with key stakeholders (e.g., CIF, physicians, superintendents, legislators, athletic trainers, etc.) with the objective to formalize actionable items for adoption or improvement of health and safety policies as it pertains to secondary school athletic healthcare. We will be focused on several topics, one of which will be promoting licensure and increased access to certified athletic trainers in the secondary school setting. We are excited for this opportunity and look forward to sharing with everyone our results in the future.

I hope that all of you continue to stay safe and healthy as our high school and college athletes return to competition in the near future.

## Hawaii Update

**Garvin Tsuji, MS, ATC | District 8 Representative**

Aloha from the Islands!

The Hawai'i Athletic Trainers' Association (HATA) has held our elections for our Executive Board to take office officially on January 1, 2021. Congratulations to the following officers:

President: Reid Takano  
Vice-President: Gally Carreira, Jr.  
Secretary: Liana Finer  
District Representative: Nikki Awaya  
Treasurer: Garvin Tsuji

As our island community slowly opens, many of our AT's are working hard to develop policy and provide direction for our sports to safely start. We have taken on the task to be at the forefront of disseminating information to our schools and community. HATA looks forward to being able to hold our annual symposium and golf tournament in 2021 as a return to normalcy is our hope. We hope you and your families are healthy at this time!!

Please visit our website at [www.hawaiiata.org](http://www.hawaiiata.org) (<http://www.hawaiiata.org>) and join our mailing list and please follow us on Facebook, Instagram and Twitter @hata\_d8 for updates.

## Nevada Update

**Mike Sepiol LAT, ATC | NEVATA President**

The Nevada Athletic Trainers' Association's Annual Meeting and Clinical Symposium was held on October 30<sup>th</sup>, 2020 via teleconference. For more information please visit [www.nevata.org](http://www.nevata.org) (<http://www.nevata.org>). Members who attended were eligible to receive 3 CEUs at a discounted price!

Vice president elections for NevATA are currently underway! Please look to your emails from the Nevada Athletic Trainers' Association and make sure to vote; links to the candidate platforms and voting page will be in member

inboxes.

## ATs CARE Committee

**| District 8 Representatives**

No new updates

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## NATA Student Leadership Committee

Emily Ghan | District 8 Representative

No new updates.

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## Professional Development Committee Update

Melissa Montgomery PhD, ATC | District 8 Representative

### Professional Development Committee

The end of my 4-year run as District 8 representative to the PDC has come to an end and I'm really excited to welcome Leslie Cardoza, PA-C, ATC as our new D8 rep.

The PDC works hard year-round to develop live workshops and programming at district meetings and the NATA convention. New continuing education programming is constantly being added to the NATA Professional Development Center. Now's a very good time to take advantage of distance learning opportunities with the 10 free CEU credits you get with your NATA membership (\$150 value!).

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## Professional Responsibility in Athletic Training Committee Update

Carolyn Peters MA, ATC | District 8 Representative

No new updates.

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## NATA Research & Education Foundation Update

### District 8 Representatives

Ky Kugler, EdD, ATC

Kavin Tsang PhD, ATC

Tom Abdenour DHSc ATC CES

### NATA Foundation Programs With A Purpose!!

#### Education

##### Scholarship Program

SAVE THE DATE: The 2021 Scholarship window will open mid – November. Applications are completed online. Look for a link to access the application in November on the Scholarship page of the NATA Foundation website.

##### Student Writing Contest

The NATA Foundation Athletic Training Student Writing Contest (SWC) is now accepting submissions for the 2021 contest. Submissions are due February 1, 2021 and winners will be announced in the Spring.

Through this competition, a total of \$1,000 is awarded by the NATA Foundation in 3 different contest divisions.

Original Research (\$500)

Literature Review (\$250)

Case Study (\$250)

Athletic training students enrolled in professional CAATE accredited programs are eligible to participate. More Information can be found on the NATA Foundation website.

**Research****Research Grants Program**

Pre-Proposal Applications for professional grants are now open and will close November 15, 2020. More information on pre-proposal and proposal submissions can be found on the Research Grants page of the NATA Foundation website.

**Free Communications Program****2021 Call for Free Communications Abstracts**

We are now accepting Abstract submissions for the NATA Clinical Symposia & AT Expo in Orlando through November 1, 2020. The submission guidelines and instructions can be found on the Free Communications page. New this year, the free communications committee will be reviewing and accepting a limited number of critically appraised topic abstracts. Don't forget to check out the Style Guide for Cultural Competency when preparing your Free Communications abstracts.

**Support the NATA Foundation Through Amazon Smile (<http://www.newsletter.fwatad8.org/wp-content/uploads/2020/11/FWATA-Fdn.-Page.pdf>)**

The NATA Foundation would like to thank SEATA sponsoring the 2020 Free Communications program.

Stay healthy and safe,

Ky, Kevin & Tom

## NATAPAC Update

### Stacey Ritter ATC | District 8 Representative

Election year! The NATA Political Action Committee (NATAPAC) empowers members to support elected officials or candidates who champion policy advancing the athletic training profession.

There was a significant loss of PAC income due to events cancelled by the pandemic (i.e. PAC breakfast at Annual Symposium, Hit the Hill events, on-site donations at Annual Meetings, etc)

There is still time to make a difference, though! How you can help:

1. Sign up for automated monthly contributions. If just 10 NATA members donated just \$10/month a year, that is \$1200!
2. Giving Tuesday: This year it falls on December 1.
3. If you normally donate at the NATA annual meeting, or at the FWATA annual meeting, consider committing to the same amount now, that you would have in person.
4. Make a one-time donation, perhaps in honor of an AT you know that is no longer able to donate due to the pandemic.

The NATAPAC Board of Directors is very sensitive to financial hardship, loss of income or jobs that ATs are experiencing. If you are able, please consider donating on behalf of those who can't (<https://www.natapac.org/how-to-contribute/>). It is more important than ever to be heard politically at a national level.

## In This Issue

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**Secondary Schools Committee****Governmental Affairs Committee****LGBTQ+ Advisory Committee****California Update****Hawaii Update****Nevada Update****NATA Sub Committee Updates**

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**FWATA Leadership****District Director**

Lyn Nakagawa, MS, ATC, CSCS  
Honolulu, HI 96822  
808.956.7144  
lynhn@hawaii.edu (mailto:lynhn@hawaii.edu)

**District Secretary**

Cindy Clivio  
Honolulu, HI 96817  
808.842.8211  
fwatasec@gmail.com (mailto:fwatasec@gmail.com)

**District Treasurer**

Todd Hamburg, ATC  
702-.217.5503  
hamburgatc@gmail.com (mailto:hamburgatc@gmail.com)

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**Representatives****California**

Jason Bennett, DA, ATC  
Orange, CA 92866  
714.997.6567  
jbennett@chapman.edu  
(mailto:jbennett@chapman.edu)

**Hawaii**

Garvin Tsuji MS, ATC  
Honolulu, HI  
808.421.4240  
hatad8rep@gmail.com (mailto:hatad8rep@gmail.com)

**Nevada**

Mike Sepiol, LAT, ATC  
708.650.0167  
Las Vegas, NV  
mssepiol@gmail.com (mailto:mssepiol@gmail.com)

**Athletic Training Student Member**

Kevin Murgia  
fwatasc8@gmail@gmail.com (mailto:fwatasc8@gmail@gmail.com)

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**Committee Chairs****Public Relations Committee**

Katie Risso MAT, ATC, CKTP  
Stanford, CA  
fwatad8@gmail.com (mailto:fwatad8@gmail.com)

**Annual Meeting & Clinical  
Symposium Committee**

Ruem Malasarn ATC  
Pomona, CA  
909.869.2834  
rmalasarn@csupomona.edu (mailto:rmalasarn@csupomona.edu)

**Student Leadership Committee**

Kevan Murgia  
fwatsc8@gmail.com (mailto:fwatsc8@gmail.com)

**Council on Practice  
Advancement**

Sara Williamson ATC  
San Diego, CA  
swilliamson@vallettaortho.com (mailto:swilliamson@vallettaortho.com)

**College and University Athletic Trainers Committee**

Brian Cable ATC  
Norwalk, CA  
714.376.5044  
bcable@Cerritos.edu (mailto:bcable@Cerritos.edu)

**Ethnic Diversity Advisory Committee**

Chris Litt, ATC  
Davis, CA  
clatc3@yahoo.com (mailto:clatc3@yahoo.com)

**Governmental Affairs Committee**

Jason McCamy, ATC  
jmccamey@me.com (mailto:jmccamey@me.com)

**History & Archives Committee**

Michael Barreiro ATC  
San Diego, CA  
barreiomichael@gmail.com (mailto:barreiomichael@gmail.com)

**Honors & Awards Committee**

Junior Domingo MS, ATC  
Compton, CA  
435.770.8433  
hdomingo@compton.edu ("mailto:hdomingo@compton.edu")

**Research and Grants Committee**

Melissa Montgomery PhD, ATC  
Fullerton, CA  
657.278.7867  
memontgomery@fullerton.edu (mailto:memontgomery@fullerton.edu)

**Scholarships Committee**

Juan Cuevas ATC  
Fullerton, CA  
714.732.5627  
jcuevas@fullcoll.edu (mailto:jcuevas@fullcoll.edu)

**Secondary Schools Committee**

Mark D'Anza MEd, LAT, ATC  
Las Vegas, Nevada  
702.682.2453  
mark.j.danza@gmail.com (mailto:mark.j.danza@gmail.com)

**Young Professionals Committee**

Sanam Rezazadeh MS, ATC  
Stanford, CA  
408.838.0405  
fwatayp@gmail.com (mailto:fwatayp@gmail.com)

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Newsletter Archives (<http://www.newsletter.fwatad8.org/newsletter-archives/>)  
Official Newsletter of the Far West Athletic Trainers' Association | NATA District 8