

Thursday, April 28, 2022

**Palm Room 2-3**

2:00pm

Pre-Conference Learning Lab Check-in  
\*Pre-Registration Required

2:30-5:30pm

**Athletic Trainer's Utilization & Clinical Establishment of IV Access & Fluid Administration  
to Improve Patient Care**  
Eric J. Fuchs, ATC, AEMT, SMTC

**Palm Room 2-3**

6:00pm

Pre-Conference Learning Lab Check-in  
\*Pre-Registration Required


6:30-9:30pm

**Thoracic Mobilization for Cervical and Shoulder Pain**  
Michael Higgins, PhD, ATC, PT, CSCS

**Friday, April 29, 2022**

**Town & Country C**

**Town & Country D**

8:00-9:00am <b>Financial Wellness for the Early Professional</b> <i>Presented by FWATA Early Professionals Committee</i> Paul Backofen, Financial Advisor	
9:00-10:00am <b>Functional Medicine for the Athlete and Athletic Trainer</b> Adam C. Cady, MHS, ATC, CSCS, PA-C	
Exhibit Break 10:00-10:30am	Exhibit Break 10:00-10:30am
10:30-11:30am <b>Thrower's Shoulder</b> Michael Shepard, MD	10:30-12:30pm <b>Athletic Training Student Session</b> <b>Proprioceptive Neuromuscular Facilitation: A hands-on functional rehabilitation technique</b> Carolyn T. Greer, MA, ATC
11:30am-12:30pm <b>Transitional Exercise: Bridging the gap between rehabilitation and human performance</b> Michael Higgins, PhD, ATC, PT, CSCS	
Exhibit Break 12:30-1:00pm	Exhibit Break 12:30-1:00pm
1:00-2:00pm <b>ACL Injuries &amp; Treatment: Past and present</b> Paul C. Murphy, MD	1:00-2:00pm <b>Athletic Training Student Session</b> <b>UCL Reconstruction: The Tommy John Epidemic</b> Michael Shepard, MD
2:00-3:00pm <b>Implementing New Evidence into Concussion Management to Bridge the Gap</b> Tamara Valovich McLeod, PhD, ATC, FNATA	2:00-3:00pm <b>Athletic Training Student Session</b> <b>How to Recognize and Manage Athletes with Mental Health Issues</b> Kelsey Bains, MA, CCISM, ATC
3:00-4:00pm <b>Evidence-Based Recommendations for the Clinical Assessment of Lateral Ankle Sprains</b> Ashley Marshall, PhD, LAT, ATC	3:00-4:00pm <b>Air Quality and its Impact on Safe Physical Activity: How to protect your patient</b> Katie Walsh Flanagan, EdD, ATC
4:00-5:00pm <b>50<sup>th</sup> Anniversary of Title IX</b> Panel Discussion	
5:00-6:00pm <b>FWATA Business Meeting</b>	
6:00-7:00pm <b>California State Meeting</b>	6:00-7:00pm <b>Nevada State Meeting</b>
6:00-7:00pm <b>Hawaii State Meeting (Pacific H&amp;I)</b>	

**Friday, April 29, 2022**

**Palm Room 1-3**

8:30am

Mid-Conference Learning Lab Check-in  
\*Pre-Registration Required

9:00am-12:00noon

**Athletic Trainer's Utilization & Clinical Establishment of IV Access & Fluid Administration  
to Improve Patient Care**  
Eric J. Fuchs, ATC, AEMT, SMTC

**Palm Room 1-3**

12:30pm

Mid-Conference Learning Lab Check-in  
\*Pre-Registration Required

1:00-4:00pm

**Exploring Root Causes of Menstrual Cycle Dysfunction and Therapeutic Treatment Interventions**  
Nicole Murzen, MS, ATC, MFDc  
Elysia Tsai, MEd, ATC

**Saturday, April 30, 2022 – Hall of Fame Day**

**Town & Country C**

**Town & Country D**

8:00-9:00am <b>Sports Nutrition and Dietary Supplement Considerations to Enhance Injury Rehabilitation Outcomes</b> Guillermo Escalante, DSc, MBA, ATC, CSCS*D, FISSN	
9:00-10:00am <b>Taking an Active Approach to the Treatment of Concussion</b> Tamara Valovich McLeod, PhD, ATC, FNATA	9:00-10:00am <b>Improve Clinical Decision-Making by Understanding Heuristics &amp; Cognitive Bias</b> Russell Muir, EdD, ATC, CES
Exhibit Break 10:00-10:30am	Exhibit Break 10:00-10:30am
10:30-11:30am <b>Arthroscopic Management and Rehabilitation of Femoroacetabular Impingement</b> Kevin Parvaresh, MD	10:30-11:30am <b>Clinical Allyship: Athletic Trainers as allies for undocumented patients</b> <i>Presented by FWATA Ethnic Diversity Advisory Committee</i> Carolina Quintana, PhD, ATC
11:30am-12:30pm <b>Neural Tension: Assessment, treatment, and management for athletes</b> Katrina Parsons, MPT, OCS	11:30am-12:30pm <b>Athletic Training Student Session</b> <b>The Emergency Action Plan: How to implement it in your school-based practice</b> Andy Paulin, ATC
Break 12:30-1:00pm	Break 12:30-1:00pm
1:00-2:00pm <b>Optimizing Lateral Ankle Sprain Rehabilitation: The spectrum of care from intake to discharge</b> Ashley Marshall, PhD, LAT, ATC	1:00-2:00pm <b>Athletic Training Student Session</b> <b>Presenting Your Best Self - Skills to "Win" the Interview</b> Katie Walsh Flanagan, EdD, ATC
2:00-3:00pm <b>Surgical Management and Rehabilitation of Proximal Hamstring Tendon Tears</b> Kevin Parvaresh, MD	2:00-3:00pm <b>Leading through Change: Are you up for it? Better yet, are you equipped for it?</b> Carolyn Peters, MA, ATC
3:00-4:00pm <b>Advocating for Return to Learn in Secondary School and College Settings</b> Tricia Kasamatsu, PhD, ATC	3:00-4:00pm <b>Emergency Action Plan and the Secondary School Athletic Trainer</b> <i>Presented by FWATA Secondary School AT Committee</i> Mark D'Anza, MEd, LAT, ATC
4:00-5:00pm <b>Medical Cannabinoids: History, indications, contraindications, and risks</b> Michelle A. Cleary, PhD, ATC	4:00-5:00pm <b>Prescribing "Rest": How to optimize recovery</b> <i>Sponsored by Gatorade Sports Science Institute</i> Jon-Kyle Davis, PhD, CSCS
5:15-6:15pm <b>Quiz Bowl - Town &amp; Country C</b>	
5:30-6:30pm <b>Pre-Banquet Social and Meet &amp; Greet Title IX Panel – Town &amp; Country Foyer</b>	
6:30-8:30pm <b>Awards Banquet – Honoring our 2020 &amp; 2022 Awardees – Town &amp; Country A</b>	

## Saturday, April 30, 2022

### Palm Room 1-3

9:30am	Suture Workshop #1 Check-in *Pre-Registration Required
10:00am-12:00noon	<b>Basics of Wound Healing and Suturing - Workshop #1</b> Leslie Cardoza, MPAP, PA-C, ATC

### Palm Room 1-3

1:30pm	Suture Workshop #2 Check-in *Pre-Registration Required
2:00-4:00pm	<b>Basics of Wound Healing and Suturing - Workshop #2</b> Leslie Cardoza, MPAP, PA-C, ATC

**Sunday, May 1, 2022**

**Town & Country C**

8:00-9:00am

**Student-Athlete Mental Health and the Role of the Athletic Trainer**

Megan Granquist, PhD, ATC

9:00-10:00am

**A Strategy for Eliminating Starvation and Dehydration from Youth and Elite Sports:**

**The Renaissance in Sports Nutrition**

Kenneth C. Lane, MD

10:00-11:00am

**The Overhead Squat Assessment: Practical application in rehabilitation**

Margo B. Greicar, EdD, ATC

11:00am-12:00pm

**Sexual Misconduct and its Impact in Athletic Training**

*NATA Strategic Issues in Athletic Training Lecture Series*

Dani Moffit, PhD, LAT, ATC, FNAP