

Thursday, April 18, 2024

Pavilion 1

12:00pm

FWATA Pre-Conference Learning Lab #1 Check-in
*Pre-Registration Required

12:30pm-3:30pm

Introduction to POCUS & Emergency Thorax and Abdominal Assessment: The E-Fast Exam
Christopher Ludwig, EdD, LAT, ATC
Josh Johnson, MS

Pavilion 1

4:00pm

FWATA Pre-Conference Learning Lab #2 Check-in
*Pre-Registration Required

4:30pm-7:30pm

Myofascial Release for the Hip and Thigh
Portia B. Resnick, PhD, ATC, BCTMB

Friday, April 19, 2024

Pavilion 2-3

Ballroom A

| | |
|---|---|
| <p>7:30am-8:30am Beyond Aesthetics and Performance: The Potential Risks of Anabolic Steroid Abuse and Strategies to Mitigate Them Guillermo Escalante, DSc, MBA, ATC, CSCS*D, FISSN</p> | |
| <p>8:30am-9:30am The Utility of Blood Flow Restriction in Athletic Training Ethan Kreiswirth, PhD, ATC</p> | <p>8:30am-9:30am <i>Athletic Training Student Session</i> The Effectiveness of Active Video Games as a Mode of Therapeutic Interventions Among the Active Population Sabrina Deans, PhD, PES, ATC</p> |
| <p>9:30am-10:30am Management of Sudden Cardiac Arrest and Other Major Emergencies in Sports Ketan Patel, MD</p> | <p>9:30am-10:30am The Association between the Retention Rate, Burnout, and Mental Health of Athletic Trainers Nicole MacDonald, DrPH, ATC, CSCS Lisa Friesen, PhD, ATC</p> |
| <p>Trade Show Break 10:30am-11:00am – Ballroom B</p> | <p>Trade Show Break 10:30am-11:00am – Ballroom B</p> |
| <p>11:00am-12:00pm Functional Performance Outcome Measures for Return to Activity Mike Diede, PhD, ATC</p> | <p>11:00am-12:00pm <i>Athletic Training Student Session</i> Enhance Your Capital and Culture to Influence Decision Making Junior Domingo, MS, ATC</p> |
| <p>12:00pm-1:00pm Preparing for a Mass Casualty Incident Event: Understanding an Athletic Trainer's Role Edward Strapp, FPC, TPC, NRP, LAT, ATC</p> | <p>12:00pm-1:00pm Learn to Get Paid: Negotiating for Fair Compensation Kimberly Detwiler, DAT, ATC</p> |
| <p>Trade Show Lunch Showcase 1:00pm-2:00pm – Ballroom B</p> | <p>Trade Show Lunch Showcase 1:00pm-2:00pm – Ballroom B</p> |
| <p>2:00pm-3:00pm The Injured Performer: Medical Management for Circus Artists Nathan Hollister, BS, MA, MD Scott McDonald, AA, Professional Performer, Circus Coach</p> | <p>2:00pm-3:00pm <i>Athletic Training Student Session</i> How to Maximize Your Skill Set and Diversify Your Career Kristyne Wiegand, PhD, ATC</p> |
| <p>3:00pm-4:00pm Tendinopathy William Rosenberg, MD</p> | <p>3:00pm-4:00pm Introduction to Musculoskeletal Evaluation and Assessment using POCUS Christopher Ludwig, EdD, LAT, ATC Josh Johnson, MS</p> |
| <p>4:00pm-5:30pm FWATA Business Meeting</p> | |
| <p>5:30pm-6:30pm California State Meeting</p> | <p>5:30pm-6:30pm Nevada State Meeting NOTE: Hawaii State Meeting in the Pavilion 1</p> |

***FWATA Free Communications Research Poster Presentations will be displayed in the Exhibit Hall – Ballroom B**

Friday, April 19, 2024

Pavilion 1

| | |
|----------------|--|
| 7:30am | Mid-Conference Learning Lab #3 Check-in *Pre-Registration Required |
| 8:00am-10:00am | Proprioceptive Neuromuscular Facilitation Techniques for the Spine and Trunk Carolyn T. Greer, MA, ATC |

Pavilion 1

| | |
|----------------|---|
| 10:30am | Mid-Conference Learning Lab #4 Check-in *Pre-Registration Required |
| 11:00am-1:00pm | Suturing 101: Basics of Suturing Leslie Cardoza, PA-C, ATC |

Pavilion 1

| | |
|-------------|---|
| 2:00pm | Mid-Conference Learning Lab #5 Check-in *Pre-Registration Required |
| 2:30-4:30pm | Advanced Suturing Techniques Leslie Cardoza, PA-C, ATC |

Saturday, April 20, 2024 – Hall of Fame Day

Pavilion 2-3

Ballroom A

| | |
|---|---|
| <p>8:00am-9:00am What to do Before Shots are Fired: Designing an Emergency Action Plan for an Active Shooter Incident at your Institution Edward Strapp, FCP, TPC, NRP, LAT, ATC</p> | |
| <p>9:00am-10:00am Emergency Response to Dislocation: Reduction Techniques Mike Diede, PhD, ATC</p> | <p>9:00am-10:00am De-mystifying Sports Science: How Athletic Trainers Can Capitalize on the Rise of Data Kassi Hardee, MEd, ATC, LAT</p> |
| <p align="center">Break 10:00am-10:30am</p> | <p align="center">Break 10:00am-10:30am</p> |
| <p>10:30am-11:30am Gender Equity: Strategies & Tools to Level the Playing Field <i>NATA Strategic Issues in AT Lecture Series</i> Lyn Nakagawa, MS, ATC, CSCS</p> | <p>10:30am-11:30am <i>Athletic Training Student Session</i> The Unknown: From Class to Clinician Kevan Murgia, ATC, CES</p> |
| <p>11:30am-12:30pm Ehlers-Danlos Syndrome and Hypermobile Spectrum Disorders in Athletes Scott W. Cheatham, PhD, DPT, ATC, PT</p> | <p>11:30am-12:30pm <i>Athletic Training Student Session</i> NATA Updates Kathy I. Dieringer, EdD, LAT, ATC</p> |
| <p align="center">LUNCH 12:30pm-1:30pm</p> | <p align="center">LUNCH 12:30pm-1:30pm</p> |
| <p>1:30pm-2:30pm Early Intervention for Jaw Sprain/Strain in Sports: Concussion, Whiplash, and Blows to the Jaw Bradley A. Eli, DMD, MS</p> | <p>1:30pm-2:30pm <i>Athletic Training Student Session</i> Foundational Principles of Functional Rehabilitation with Purpose Bobby Gragston, ATC, PT, DPT</p> |
| <p>2:30pm-3:30pm Revolutionizing Athletic Training: The Power of AI Mary Placzkowski, DAT, LAT, ATC</p> | <p>2:30pm-3:30pm “Ouch” to 5K: Identifying Biomechanical Risk Factors for Running Injuries Kristyne Wiegand, PhD, ATC Otto Buchholz, PhD, ATC</p> |
| <p>3:30pm-4:30pm Medical Disqualification Following Concussion: Considerations to Aid in the Decision-Making Process Michelle L. Weber Rawlins, PhD, ATC</p> | <p>3:30pm-4:30pm Optimizing the Return to Play: Unifying the Performance Team for Enhanced Results Heather Farmer, MS, CSCS, RSCC</p> |
| <p>4:45pm-5:45pm Quiz Bowl</p> | <p>4:30pm-5:30pm Motor Abundance and Constraints: Theory and Applications for Injury Prevention and Rehabilitation Exercises Sean P. Flanagan, PhD, ATC, CSCS</p> |
| <p align="center">5:30pm-6:00pm Awards Reception Social – Ballroom B</p> | |
| <p align="center">6:00pm-7:15pm Awards Reception – Honoring our 2024 FWATA Awardees – Ballroom B</p> | |

Saturday, April 20, 2024

Pavilion 1

| | |
|----------------|--|
| 7:30am | Mid-Conference Learning Lab #6 Check-in *Pre-Registration Required |
| 8:00am-10:00am | Diagnostic Ultrasound: The Application and Utilization within the Athletic Training Setting Eugene Roh, MD Sanam Rezazadeh, MS, ATC |

Pavilion 1

| | |
|----------------|---|
| 10:30am | Mid-Conference Learning Lab #7 Check-in *Pre-Registration Required |
| 11:00am-1:00pm | The Utility of Blood Flow Restriction in Athletic Training Ethan Kreiswirth, PhD, ATC |

Pavilion 1

| | |
|---------------|---|
| 2:00pm | Mid-Conference Learning Lab #8 Check-in *Pre-Registration Required |
| 2:30pm-4:30pm | Exploring Current Concepts of Active Video Games as a Mode of Therapeutic Interventions for Active Individuals Sabrina Deans, PhD, PES, ATC |

Sunday, April 21, 2024

Pavilion 2-3

8:00am-9:00am

Social Determinants of Health and Concussion Care: Implications and Strategies to Lessen Impact

Michelle L. Weber Rawlins, PhD, ATC

Alejandra Merriman, DAT, ATC, CES

9:00am-10:00am

Enhancing the School-Based EAP Beyond the Document

Andrew Paulin, ATC

10:00am-11:00am

Industrial Athletic Trainers

Yvonne Tapia, ATC, LAT

Ulises Sanchez-Flores, MS, ATC, LAT

Kyle Wilson, MEd, ATC, LAT

11:00am-12:00pm

Cultural Competency: An Introspective and Cognitive Approach to Patient Care with Native/Indigenous Athletes

Presented by the FWATA Ethnic Diversity Advisory Committee

Jasmine Velasquez, ATC, CTE, MEd